

General Practitioner

SETTING

First Step is a renowned not-for-profit addiction, mental health, and legal services hub in the heart of St Kilda. We provide services to thousands of vulnerable Victorians every year, with the firm belief that everybody deserves every chance to turn their lives around. First Step provides a uniquely multi-disciplinary team of General Practitioners, Registered Nurses, therapists, lawyers and care coordinators all of whom have decades of experience in addiction, mental health and legal services.

Our model of care is designed to address the systemic barriers faced by people with co-occurring illnesses including mental ill-health and prioritises welcome, empathy and hope. Through the compassionate application of multiple disciplines in a team environment we focus on incremental, whole-of-life improvements that build towards physical and mental health and wellbeing. We work to help people be connected to their families, participating in society, and taking control of their own lives.

TEAM MEDICINE and COLLABORATION

You will find yourself in a team of GPs with decades of experience in general practice. Our GPs specialise in the primary care of people who experience mental ill-health and substance dependence. Your work will be integrated into a constantly collaborating team including:

- Psychology
- Mental health nursing
- Care Coordination
- Group psychoeducation and recovery programs
- An accredited community legal centre

If you are not currently a prescriber of opiate substitution therapies, we will require that you develop that aspect of your professional practice, and we can mentor you on that path.

LOW THRESHOLD, SUB-ACUTE PRIMARY CARE

We work hard to remove barriers to care by bulk-billing all patients. We offer in person and telehealth appointments as well as drop-in clinics.

PROFESSIONALISM and REPUTATION

First Step is an AGPAL accredited practice and has a reputation for providing best practice collaborative and integrated care to vulnerable Victorians.

WHAT WE OFFER

As a not-for-profit organisation we can offer salary packaging. But, uniquely to First Step your wage can be a factor of your billing. Alternatively, you can work as an independent contractor.

CONTACT US

Please contact our Chief Operations Officer (COO) Gayle Wood via email gayle@firststep.org.au or through reception on 9537 3177 to express your interest in this position. We would be happy to answer any questions you have.

Note: First Step is an independent not-for-profit organisation that provides a safe and nurturing work environment for people of all backgrounds, genders, religions, sexualities, ethnicities, or any other factor. Candidates identifying as LGBTQI+ as well as Aboriginal and Torres Strait Islander candidates are strongly invited to apply. People with a lived experience of mental illness or substance use are invited to address their experience from a strength-based perspective in their applications if they feel comfortable to do so. Note that there are designated peers at First Step and that many staff members have experience of drug or alcohol use and mental distress.