

Eastern Health

POSITION DESCRIPTION

Position Title:	Senior Counsellor/Advocate, Psychologist Grade 3
Award Classification:	Psychologist - Grade 3
Award / Agreement Name:	Victorian Public Health Sector (Medical Scientists, Pharmacists and Psychologists) Enterprise Agreement 2017-2021 (proposed agreement pending for 2021-2025)
Position Reports to:	Operationally: Manager ECASA Professionally: Director of Psychology

EASTERN HEALTH – GREAT CARE, EVERYWHERE, EVERY TIME

Eastern Health is one of Melbourne’s largest metropolitan public health services. We provide a comprehensive range of high quality acute, sub-acute, palliative care, mental health, drug and alcohol, residential care, community health and state-wide services to people and communities that are diverse in culture, age and socio- economic status, population and healthcare needs



1. POSITION PURPOSE

The Grade 3 Senior Counsellor/Advocate Psychologist will be responsible for high quality care to clients and significant others through the autonomous use of expert clinical skills, highly effective communication, and provision of professional leadership within ECASA and the broader organisation.

The Grade 3 Psychologist will deliver a responsive, evidence-based service, be experienced in working within a multidisciplinary team and work well under time pressure. The Grade 3 Psychologist is expected to be able to work independently while contributing to the multidisciplinary team and is expected to participate in teaching, training, research and quality activities as appropriate. This position requires an advanced level of experience, knowledge and skill in the area of trauma and/or sexual assault with advanced clinical and professional expertise, managerial and leadership skills to enable them to provide high-level consultation on both professional and ECASA specific issues within the organisation to ensure a positive collaborative working relationship with Eastern Health services/programs and other key working relationships for ECASA.

The Grade 3 Counsellor/Advocate is expected to initiate and participate in teaching, training, research and quality activities. The Grade 3 Counsellor/Advocate will also be able to represent their discipline as requested by the Manager.

Service Philosophy

The Eastern Centre Against Sexual Assault is a service within Eastern Health. The philosophy of this service is that:

- Sexual assault can happen to anyone.
- Sexual assault is a major problem for which the community as a whole must take responsibility.
- Sexual assault can have social, emotional, medical, legal and financial consequences for victim/survivors, their family and significant others.
- At all times, victim/survivors have the right to be heard and believed and for their integrity, autonomy and dignity to be upheld.
- The offender is always responsible.

2. MAJOR DUTIES AND/OR RESPONSIBILITIES

- Demonstrate a high-level of clinical reasoning and advanced skills in the provision of counselling/advocacy services to people who have experienced recent and past sexual assault and their non-offending support people. This includes individual and group work modalities;
- Provision and/or leadership in intake and crisis care services for recent victim/survivors;
- Provision of specialist support and information regarding victim/survivors rights and options with legal and medical issues;
- Provision of supervision to Grade 2 Counsellor/Advocates and clinical leadership, to ensure the delivery of evidence-based practice and high quality care to clients;
- Operational supervision including rostering, attendance management, recruitment, performance management and staff development programs;
- Provision of community education and professional development;
- Participation in the Crisis Care Unit After-Hours On-Call Roster and clinical leadership in this area;
- Active involvement in quality improvement and ensuring that ECASA is meeting Accreditation obligations.
- Demonstrate experience in working with clients in a sexual assault/family violence setting.
- Demonstrate high-level understanding of, and sensitivity to, ethical and intersectional issues.

Knowledge, skills and resources of the psychologist

- Demonstrate a high-level of autonomous behaviour, independence of thought, awareness of own effectiveness and internalised responsibility.
- Demonstrate flexibility/responsiveness within professional practice/duties/roles in order to meet organisational goals/priorities.
- Demonstrate a comprehensive understanding of, and commitment to, the principles of trauma frameworks and modalities.
- Demonstrate a high-level understanding of relevant community resources and systems.
- Demonstrate a comprehensive understanding of relevant Psychology theory and its relationship to clinical practice.
- Demonstrate critical reflection within professional practice, a capability in creating practice theory, and acting as an appropriate change agent.
- Demonstrate an awareness/understanding of contextual State or Commonwealth governmental programs/initiatives and their potential impacts on service provision.
- Demonstrate a comprehensive understanding of relevant legislation.
- Demonstrate comprehensive knowledge of professional bodies associated with area of clinical practice and professional group.
- Demonstrate expert communication with high-level verbal, non-verbal and written skills within ECASA, multi-disciplinary team, organisation, and with external agencies.
- Demonstrate high-level conflict resolution and negotiation skills.
- Demonstrate a willingness to seek appropriate clarification, support/assistance as required.
- Provide leadership within group-work approaches as appropriate.

Multidisciplinary and Interdisciplinary work environments

- Promote effective psychology service provision and professional relationships within the Health Service through active liaison with managers, medical, nursing, allied health, and other ward/unit staff.
- Effectively promote an understanding of the professional psychology role within the organisation.
- Provide expert consultation and liaison to psychology and other professional organisational staff.
- Actively participate and provide leadership within, a coordinated team approach to client care.
- Demonstrates the capacity to liaise with internal and external peers, stakeholders and clients.
- Provide expert consultation and liaison to other professional organisational staff.
- Demonstrate commitment to promoting collegial practice and cohesive team functioning.
- Demonstrate advanced team work, negotiation, and organizational skill to ensure a positive collaborative working relationships.
- Demonstrate an expert understanding of an interdisciplinary model of practice, including generic assessment and intervention skills.

Client involvement

- Demonstrate a commitment to client-centred practice (e.g. involve clients/carers/external providers in decision-making and advocate on their behalf as necessary) and provide specialised education and/or information to clients/carers appropriate to their needs.
- Demonstrate leadership in the organization's client-centred model of care.
- Understand the commitment of the Health Service to consumer participation and accordingly promote active links with consumer groups.

Supervision

- Actively participate in regular supervision.
- Develop (and autonomously pursue) own learning plan in conjunction with the ECASA Manager.

- Actively seek feedback on professional performance and respond appropriately/professionally to such feedback.
- Acknowledge limitations of professional knowledge and experience, and seek assistance as required.
- Provide high-level professional clinical supervision and consultation to psychology/ECASA staff (formal and informal).

Service Management:

- Contribute to the development of service programs by actively applying continuous quality improvement principles.
- In consultation with your Manager, ensure the efficient and effective use of resources including setting priorities so those clients with the highest needs are given priority in the provision of psychology services.
- Provide leadership within ECASA in the assessment of current and anticipated future needs and develop opportunities for service improvement.
- Promote appropriate standards of professional psychology practice within the team/department through participation in professional supervision, professional development, monitoring and continuous quality improvement processes.
- Contribute to and participate in professional development programs.
- Maintain documentation accountability requirements.

Professional Development

- Attend relevant professional development sessions.
- Participate in individual and group supervision.
- Lead/participate in relevant clinical research as appropriate
- Maintain and update psychology professional expertise.
- Attend sector psychology meetings.
- Demonstrate initiative and responsibility for individual professional development.
- Provide education and training to Eastern Health staff and community organisations.

Quality and Organisational Expectations

- Demonstrate high level understanding of quality improvement.
- Contribute to the development, implementation and evaluation of clinical programs.
- Actively contribute to the development and review of service policies, including the SAS Vic Standards of Practice.
- Provide regular feedback to the Clinical team on policy and committee involvement.
- Complete all necessary administrative and statistical requirements within the guidelines.
- Complete all documentation according to legislative and service requirements.

Other duties as directed by the Manager.

3. SAFE PRACTICE AND ENVIRONMENT

Occupational Health and Safety

Eastern Health is committed to provide and maintain a working environment for all staff that is safe and without risk to health. All staff are to take care of their own health and safety and the health and safety of any other person who may be affected by your acts or omissions at the workplace. Understand responsibilities and

accountabilities to yourself and others in accordance with OH&S legislation and Eastern Health policies and promote a working environment that is congruent with these guidelines. This includes staff reporting of all clinical and OHS incidents and near misses, in particular those related to Occupational Violence, Manual Handling and Slips, trips and falls.

Staff are required to comply with all state legislative requirements in respect to the Occupational Health and Safety Act 2004 and the Workplace Injury Rehabilitation and Compensations (WIRC) Act 2013.

4. TRAINING AND DEVELOPMENT

Relevant, practical and timely education should direct, facilitate, enhance and support the professional growth and practice of employees in a health environment characterised by change. All programs should endeavour to promote evidence-based practice, a problem solving approach and to be competency based.

You are expected to participate in the personal development process on an annual basis.

5. QUALITY

As a staff member of Eastern Health staff are required to comply with Eastern Health performance standards and participate in continuous monitoring and improvement as part of your role. You are also required to comply with legislation, professional standards and accreditation standards.

As a staff member employed by Eastern Health services you must have and maintain the appropriate skills and knowledge required to fulfil your role and responsibilities within the organisation. In addition, you must ensure that you practice within the specifications of this position description, and where applicable within the agreed scope of practice.

You are responsible for ensuring safe high quality care in your work. This will include complying with best practice standards, identifying and reporting any variance to expected standards and minimising the risk of adverse outcomes and patient harm. In addition, you will ensure that service and care is consistent with the EH approach to patient and family centred care.

6. CONFIDENTIALITY

Any information obtained in the course of employment is confidential and should not be used for any purpose other than the performance of the duties for which the person was employed. Staff are bound by the Information Privacy Act 2000 and the Health Records Act 2001.

7. EQUAL EMPLOYMENT OPPORTUNITY

You agree to adhere to the Equal Employment Opportunity policies and practices of the Health Service. Discriminatory practices, including sexual harassment, are unlawful. The Health Service will not tolerate discriminatory behaviour and any such conduct may lead to the invoking of the Disciplinary Policy and Procedure, which may result in termination of employment.

8. PERFORMANCE DEVELOPMENT

A Performance Review, that includes agreed targets, will occur three (3) months from commencement and then annually on the basis of the duties and responsibilities outlined in this position description. This is an opportunity to review personal and the allocated work unit's service performance, facilitated by the setting of objectives/goals and ongoing evaluation of performance and achievement. Objectives will be developed annually, documented, discussed and agreed with the immediate line manager, who will act as the assessor. The incumbent is expected to demonstrate and show evidence annually of on-going self and allocated work unit's service development.

9. ATTACHMENTS

- Attachment 1 Key Selection Criteria

10. NOTE

Statements included in this position description are intended to reflect in general the duties and responsibilities of this position and are not to be interpreted as being all-inclusive.

Prior to accepting any offer of employment, prospective employees will be required to read and commit to the Eastern Health Code of Conduct, including (but not limited to) issues of Occupational Health and Safety, Equal Opportunity and Confidentiality.

Vaccination against infectious disease is a mandatory requirement of this role. An offer of employment is conditional on you providing evidence that you are currently vaccinated against COVID-19, prior to commencing employment.

Signed: _____

Date: ____/____/____

Manager

INCUMBENT STATEMENT

I _____ (Incumbent Name) have read, understood and accepted the above Position Description and associated Attachments.

Signed: _____

Date: ____/____/____

ATTACHMENT 1

KEY SELECTION CRITERIA

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Essential

- A Masters or Doctorate degree in clinical or counselling psychology.
- Current full registration with the Psychology Board or Australia.
- Endorsement as a Clinical or Counselling Psychologist with the Psychology Board of Australia
- Hold approved Supervisor status with AHPRA.
- At minimum of 5 years post graduate clinical experience and demonstrated expertise in the application of psychological interventions in clinical health services.
- Sexual Assault and Family Violence experience.
- Understanding of Feminist and empowerment models of intervention.
- Understanding of the impact of sexual assault on adults and children and young people.
- Proven ability to provide services to people who have experienced significant trauma including psychological assessment and treatment, case management, crisis intervention and demonstrated skills in engaging especially those people with complex care needs.
- Demonstrated ability to conduct comprehensive psychological assessments and to formulate and implement appropriate evidence based interventions that are consistent with best practice in clinical psychology.
- Possess a sound understanding of DSM-V
- Demonstrates the ability to undertake risk management across the continuum of care.
- Excellent interpersonal skills including demonstrated flexibility, proficient negotiation and communication skills (written and verbal).
- Capacity to work skillfully and creatively in an environment of competing values.
- Demonstrate a proactive approach and change management skills.
- Demonstrated high-level skills in supervising and teaching psychologists, psychology students and others.
- Ability to liaise and consult with a broad range of health professionals, community agencies and organizations, and demonstrated ability to provide profession specific advice and consultation.
- Demonstrated ability to work both independently and as part of a multidisciplinary team and to contribute to a positive team environment.
- Proven ability and commitment to work collaboratively with clients, significant others, members of the multidisciplinary team and external agencies.
- Highly developed written, IT and verbal communication skills.
- Demonstrate a capacity to lead and work in a multi-disciplinary team
- Demonstrate a clear understanding of client focussed treatment goals.
- Strong organizational and time management skills

- Effective interpersonal skills, particularly in communication, leadership and conflict management, in order to facilitate team functioning.
- Demonstrate a commitment to maintain up to date clinical knowledge by regular attendance at conferences and workshops or other professional development activities.
- Demonstrated capacity to motivate staff and contribute to the organisational culture.
- Demonstrate a strong commitment to quality improvement and innovation
- A current Victorian Drivers Licence.

Desirable

- Evidence of contributions to his / her profession or field through conference presentations and / or publications.
- Experience working with:
 - intake and crisis response models
 - working with children and young people-
 - People from culturally and linguistically diverse communities-
 - People from Aboriginal and Torres Strait Islander communities