

# POSITION DESCRIPTION

## Therapeutic Day Rehabilitation Clinician

POSCS3109

ISO9001 | Approved by Neos Zavrou | Next Revision: 26/04/22



<b>Location:</b>	Shepparton
<b>Classification:</b>	SCHADS Level 3
<b>Reports To:</b>	Catchment Manager North West AOD & Operationally reports to the GVADS Coordinator
<b>Reports:</b>	N/A

### The Organisation

Odyssey House Victoria (OHV) is a place of hope and positive change for individuals working towards breaking their pattern of addiction. At OHV we believe that every person should have the opportunity to change and grow. Our diverse teams work with individuals, families and communities to reduce drug use, improve mental health and reconnect people to their family and the community.

### Position Objective

The Therapeutic Day Rehabilitation Clinician will support the GVADS Coordinator in the day to day activities and operations including the creation and maintenance of a safe therapeutic environment. They will work alongside consultants and other specialist staff, and lead group-based interventions and assist with the daily client activity schedule. The position will also function as a key worker to a case load of clients during and following the program.

The key purpose of the role is the implementation and review of an evidenced based program intended to:

- Provide behaviour changing interventions to assist individuals to reduce or cease harmful alcohol and other drug use, and to avoid and better manage relapse
- Assist participants to establish healthier relationships and lifestyles, free of problematic alcohol and drug use

### Program Development and Implementation

- Find and engage suitable clients, including conducting complementary client assessments, to develop mutually agreed individual treatment plans (ITPs) and referrals as appropriate.
- Assess the suitability of clients referred to the program and facilitate the intake and assessment process in collaboration with internal and external service providers.
- Use best practice principles in clinical work.
- Co-ordinate program information group sessions and access to accommodation support for clients.
- Ensure that clients on a waitlist have Interim Support Plans.
- Work with clients to develop, implement and review their individual treatment goals.
- Collaborate with existing service providers and facilitate referrals to other services.
- Contribute to the development and implementation of program modules (developmental and life skills groups and activities) ensuring activities are planned in advance, materials are prepared in a timely fashion, groups are conducted, and being actively involved in the organisation and implementation of the schedule.
- Participate in treatment team reviews, case reviews and other relevant meetings.
- Provide assistance to, and support the work of, the Team Leader and Catchment Manager as required
- Ensure that the group-based program is planned and delivered in a timely, efficient and effective way.
- Collect and record client information.
- Assist with the development of and deliver a manualised Cognitive Behavioural Therapy program to clients inclusive of individual monitoring sessions
- Contribute to the development and day-to-day operation of the Day Program.
- Facilitate a range of therapeutic and psycho-educational groups, including group interventions for families and significant others.
- Participate in 'housekeeping' activities that support the day-to-day operation of the program.
- Plan, implement and co-ordinate other treatment activities, action meetings and special activities as negotiated with the Team Leader and Catchment Manager.

### Networking with Other Community Services

- Assist in the appropriate referral and conjoint treatment of clients with specific or specialist needs.
- Assist in the establishment of inter-agency relationships including.

### General

- Participate in the development, implementation and maintenance of a safe and supportive therapeutic environment.
- Actively promote and adhere to the OHV Child Safety policy and procedures to assist OHV to maintain a child safe organisation and support colleagues to engage in child safe practices.
- Provide secondary consult and support to relevant external staff.
- Commit to ongoing professional development.

## Key Selection Criteria

1. Relevant Health, Social or Welfare related tertiary qualification and/or experience
2. Comprehensive understanding of alcohol and other drug use, and an understanding of community-based rehabilitation or day programs developed through experience within a Day Program or Therapeutic Community model
3. A positive, friendly and optimistic attitude
4. Demonstrated experience delivering quality outcomes for clients
5. Ability to show initiative and capacity to work independently, adapting to meet changing organisational needs
6. Strong organisational and highly developed interpersonal and communication skills (both verbal and written) with a consultative approach to addressing issues
7. Ability and willingness to contribute and work effectively in a team environment
8. Excellent group therapy and case management skills and the ability to work with difficult and demanding clients

## Essential Requirements

- Certificate IV Alcohol & Other Drugs, or willingness to complete within the first 12 months of employment
- Satisfactory outcome of a confidential Police Check and Working with Children Check. OHV is committed to child safety and is a child safe organisation
- Possession of a current Victorian Driver's License.
- Empathy for those whose lives have been affected by problematic alcohol and other drug use/ and or mental health disorders.
- Information technology skills, including proficiency in Microsoft Office suite, student management and learning systems
- Compliance with Odyssey House Victoria Policy and Procedures, professional and agency code of ethics and practices.

## Desirable Requirements

- First Aid Certificate
- Current knowledge of OH&S practices

### **\*Appendix A**

#### **AOD Competencies**

OHV requires people in clinical positions to have the following competencies (or their equivalent). Where people do not already have these competencies OHV will invest in the person's professional development by providing them through its RTO.

The competencies required in the first 12 months of employment are:

- CHCAOD001: Work in an alcohol and other drugs context
- CHCAOD004: Assess needs of clients with alcohol and other drugs issues
- CHCAOD006: Provide interventions for people with alcohol and other drugs issues
- CHCAOD009: Develop and review individual alcohol and other drugs treatment plans.