

Evolving AOD Support in Corrections: A Staged Matched Approach

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Uniting

Overview

Introduction and Context

Drivers for Change

Theoretical Foundations

Recent Innovations & Offering

Key Takeaway

Uniting Vic Tas AOD Services at Port Phillip Prison

Introduction

- 50 years of service providing evidence based AOD Support
- AOD program deliver at Port Phillip Prison since 1997

Program Approach

- Evidence-based, informed by research, clinical experience and consumer feedback
- Offers varied intensity and duration to meet the needs of different cohort

Context

- 2023 Health Care Services Quality Framework review offering an opportunity to reimagine the AOD program

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Reimagining AOD Rehabilitation within a Correctional Centre

Improving Service Quality - Focusing
on improving care, increasing
access to AOD services and reducing
reoffending



Drivers for Change

Lack of Personalization

- One-size-fits-all programs with set group sessions.

Limited Flexibility

- Strict schedules and fixed content.
- Doesn't account for personal progress or other challenges (like mental health).

Too Rigid

- Set path through the program, no flexibility to move at your own pace.

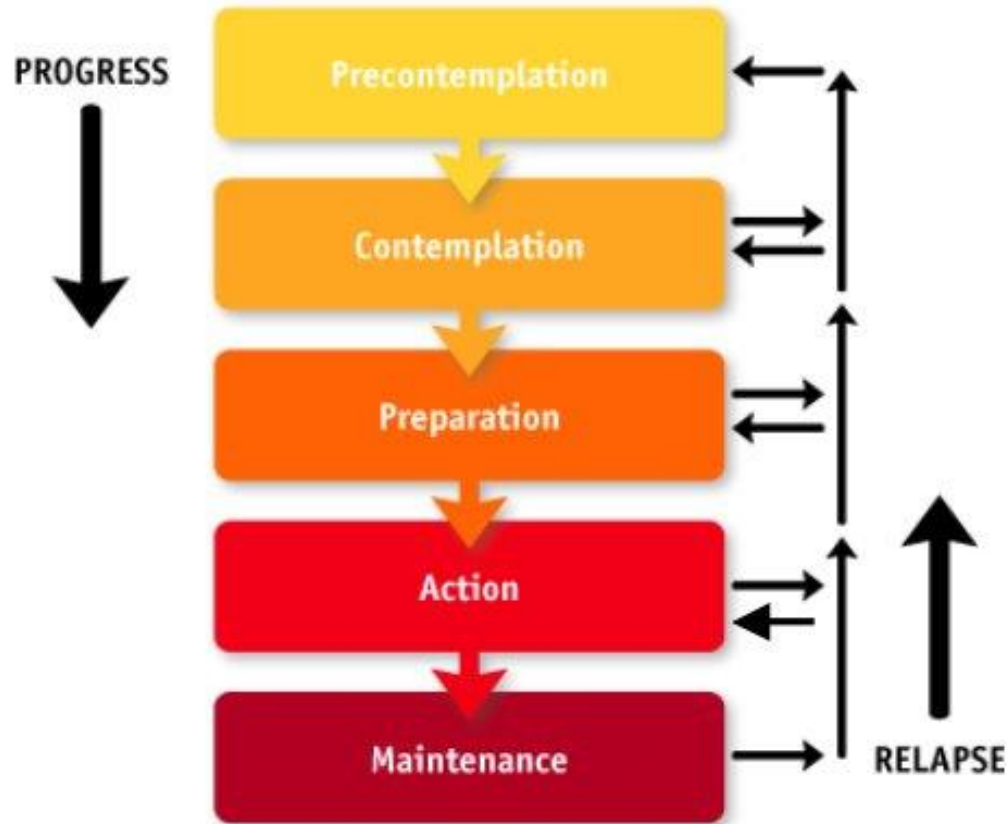
Consultation. What did we do?



Theoretical Foundations:

Stages of Change Model (Prochaska and DiClemente 1983)

Risk Need Responsivity (RNR) Model (Andrews, D. A., & Bonta, J. (2006))



Objectives

- To continue to provide contemporary and high quality support
- To increase access to AOD support
- To respond to the risk factors that present for men in custody at the point of release
- To recognise mental health concerns are prevalent across the cohort

Aligning with the Stage of Change Model

Pre-Contemplation	Contemplation	Preparation	Action	Maintenance
AOD Clinic	AOD Clinic	AOD Clinic	AOD Clinic	AOD Clinic
AOD Essentials	AOD Essentials	AOD Essentials	AOD Essentials	AOD Essentials
	Self Guided Workbook	Self Guided Workbook	Self Guided Workbook	Self Guided Workbook
Considering Change Module	Considering Change Module	Considering Change Module		
Safer Use Module	Safer Use Module	Safer Use Module		
	AOD & Mental Health Module	AOD & Mental Health Module	AOD & Mental Health Module	AOD & Mental Health Module
		CBT Skills Module	CBT Skills Module	CBT Skills Module
		DBT Skills Module	DBT Skills Module	DBT Skills Module
			Relapse Prevention Module	Relapse Prevention Module
		OnTrack (Peer Support)	OnTrack (Peer Support)	OnTrack (Peer Support)

- Break the Loop – Pre Release Support
- Single Session Family Consultation

Outcomes



Reduced wait times



Flexibility and Adaptability



Increased Re-Engagement



Supports Relapse Prevention

Looking Forward: Opportunities for Expansion and Beyond

Potential for expanding this model beyond correctional settings

Re-thinking this model and how it can be applied to other prison locations

Integration with mental health services and broader social reintegration programs (e.g., housing support)

Key Takeaways

Importance of integrating lived experience

Re-Imagining AOD program can lead to improve access and outcomes

Value of the stage matched approach to interventions and application to program design.

Consideration of a Modular Approach and Wrap Around Services for Program design

Thank you.

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