



WRAD HEALTH

PERSON-CENTRED CARE

Engaging Families and Significant Others in AOD Treatment Challenges, Opportunities, and Innovative Solutions

Presented 2024
Mark Powell

Acknowledgment of Country

We are meeting today on the land of the Peek Whurrong People of the Gunditjmara/Maar Nation. I pay respects to the Peek Whurrong People, to Elders of the past, present and future, and to all Aboriginal and Torres Strait Islander peoples. I acknowledge the connection to land and sea and pay respects to the world's oldest continuing culture that has existed for over 60,000 years. I also pay respects to the Traditional Owners Eastern Maar and Gunditj Mirring

I would also like to acknowledge the neighbouring tribes in this area - Kerrup-Jmara, Chaap-Whuurong, Kuurn-Kopan, Kirra-Whurrong and Yarro-Waech



Acknowledgement of lived experience

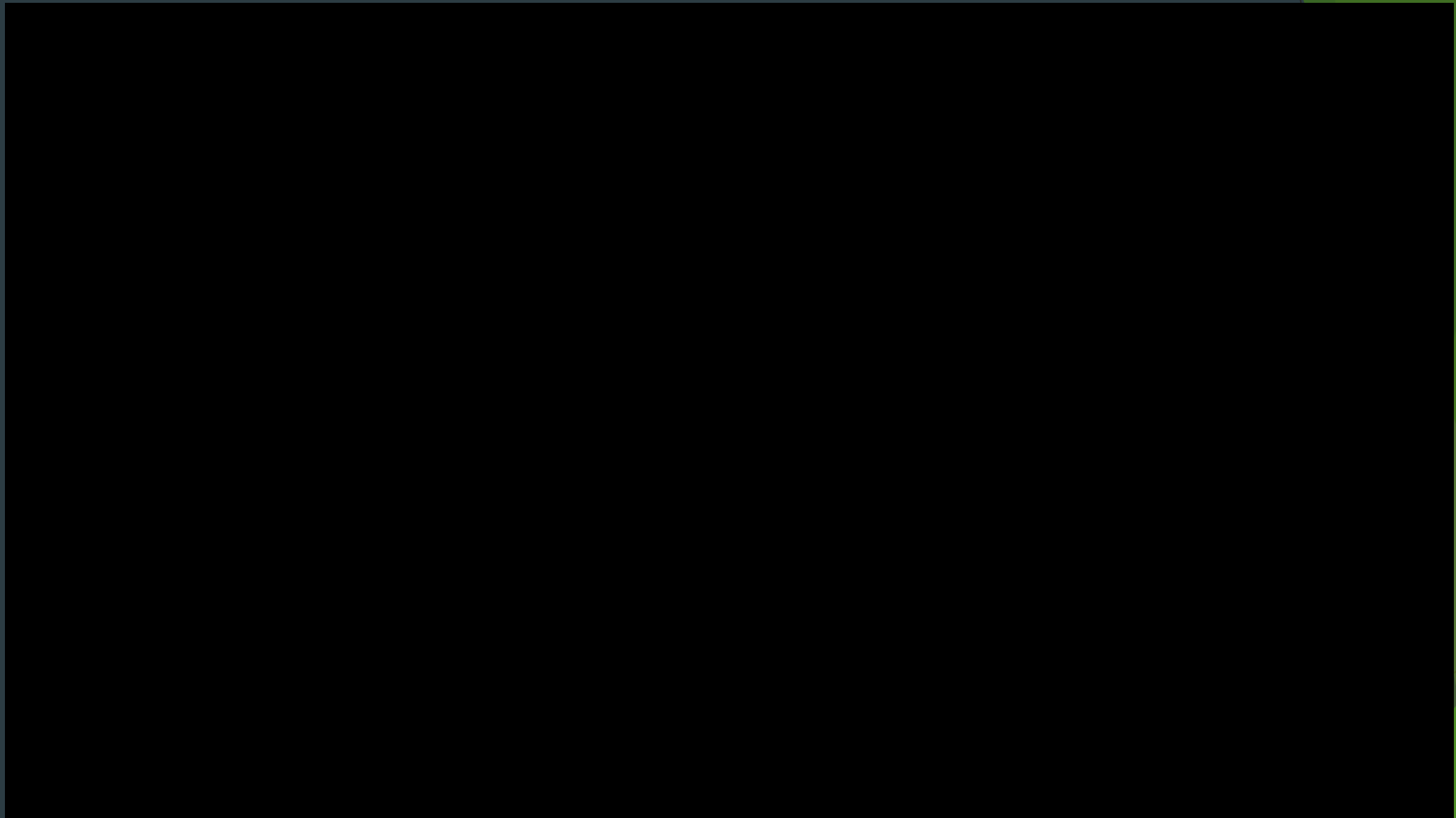


I acknowledge people with lived experience of mental health and substance use issues and emotional distress, as well as their carers. I recognize their strength, courage and unique perspective as a vital contribution to our service; to learn, grow and achieve better outcomes together.

Video developed from 'peer' journeys to help others in the community



Compassion Respect Accountability Collaboration Integrity



Compassion Respect Accountability Collaboration Integrity



BENEATH EVERY BEHAVIOR THERE
IS A FEELING. AND BENEATH EACH
FEELING IS A NEED. AND WHEN
WE MEET THAT NEED RATHER
THAN FOCUS ON THE
BEHAVIOR, WE BEGIN
TO DEAL WITH
THE CAUSE,
NOT THE
SYMPTOM.

ASHLEIGH WARNER



tinybuddha.com

The Importance of Family Engagement in AOD Treatment

Family involvement as a critical support mechanism

- Benefits of integrating families and significant others:
 - Provides a pathway into care
 - Better treatment adherence
 - Improved recovery outcomes
- Lack of family engagement: a missed opportunity in AOD programs

Challenges in Family Engagement

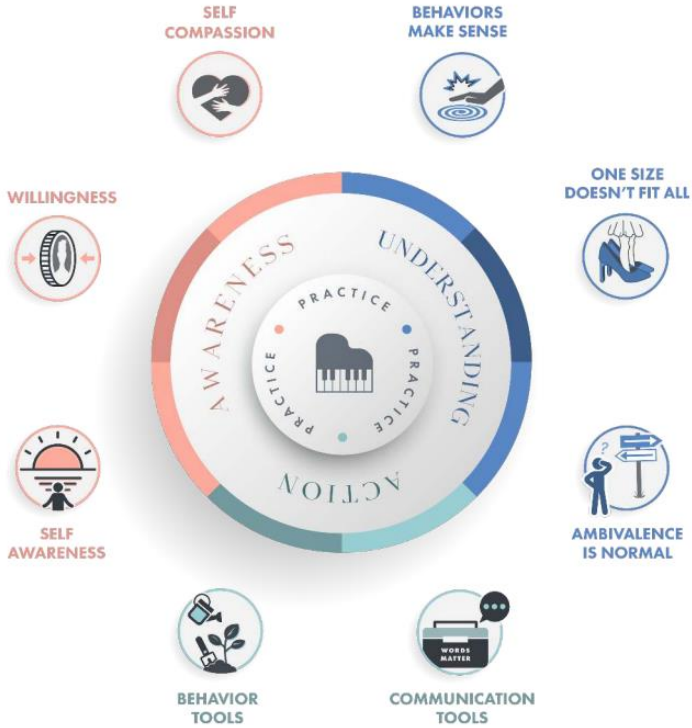
- **Stigma:** Social and internalised stigma around AOD use
- **Resistance:**
 - From clients (fear of judgment, privacy concerns)
 - From families (lack of understanding, fatigue)
- **Resource Barriers:**
 - Lack of trained staff
 - Insufficient family-inclusive programs and support structures

Opportunities for Improvement

- **Building Trust:** Open dialogue to reduce stigma.
- **Scaling Innovations:** Integrating family-centered practices in existing frameworks.
- **Empowering Families:** Education and resources to strengthen family roles. Resources and evidence base growing

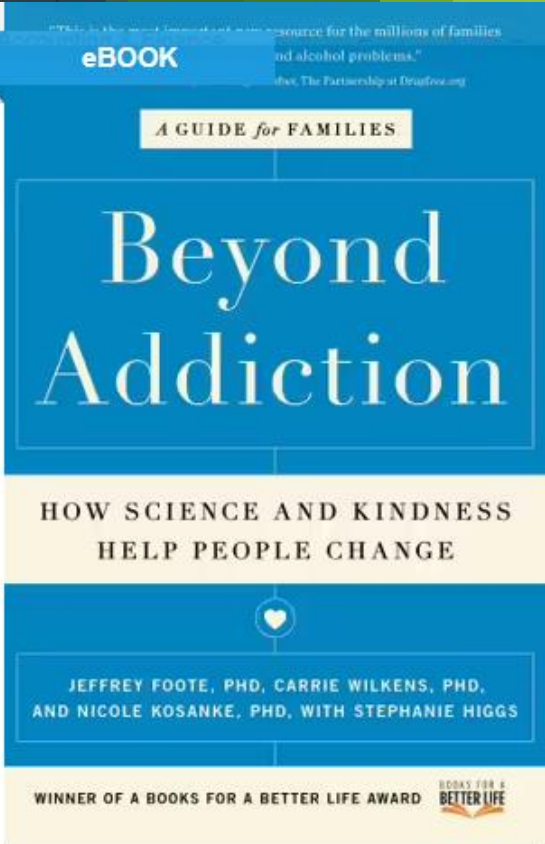
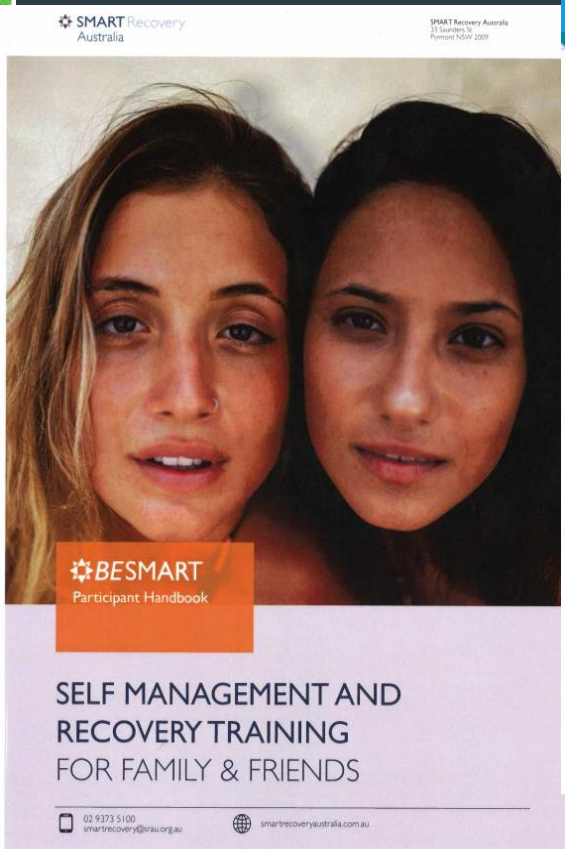
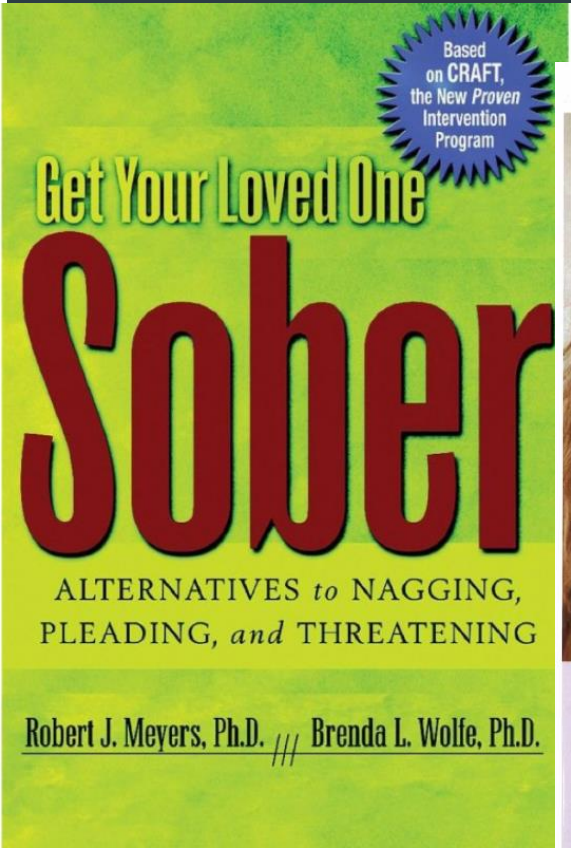
Evidenced models

The Invitation to Change Wheel



The 5-Step Method

Supporting whānau in addiction services



Innovative Approaches to Overcome Barriers

- **Family-Inclusive Practices:**

- Building partnerships with families during the treatment process
- Offering counselling, education, group support to family CSO

- **Motivational Interviewing (MI):**

- Engaging both clients and their families in a collaborative, non-judgmental dialogue
- Reducing resistance and promoting change through empathetic communication
- Motivational Interviewing for Loved Ones (MILO) to enhance communication.

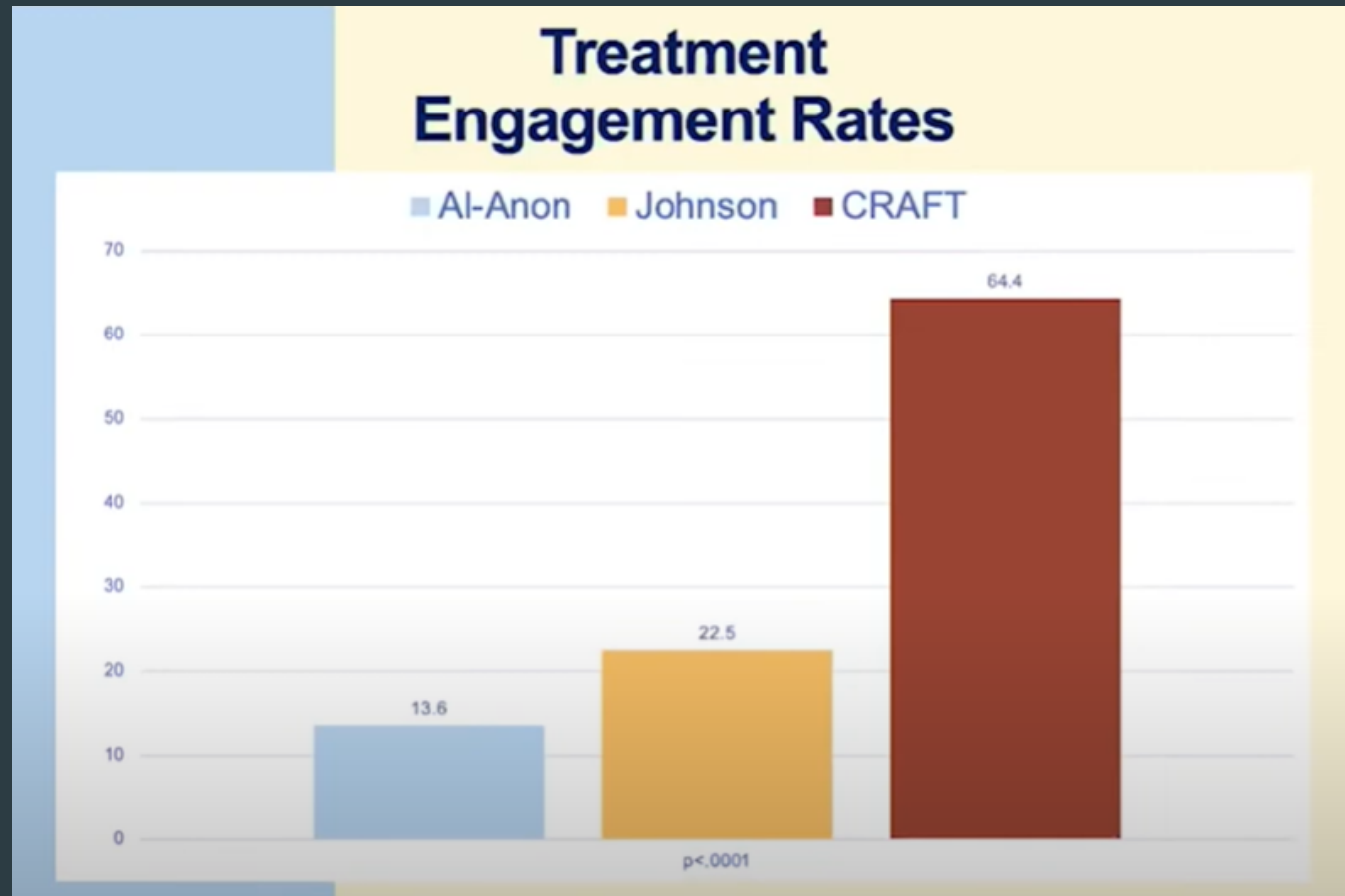
Family as part of the Treatment System



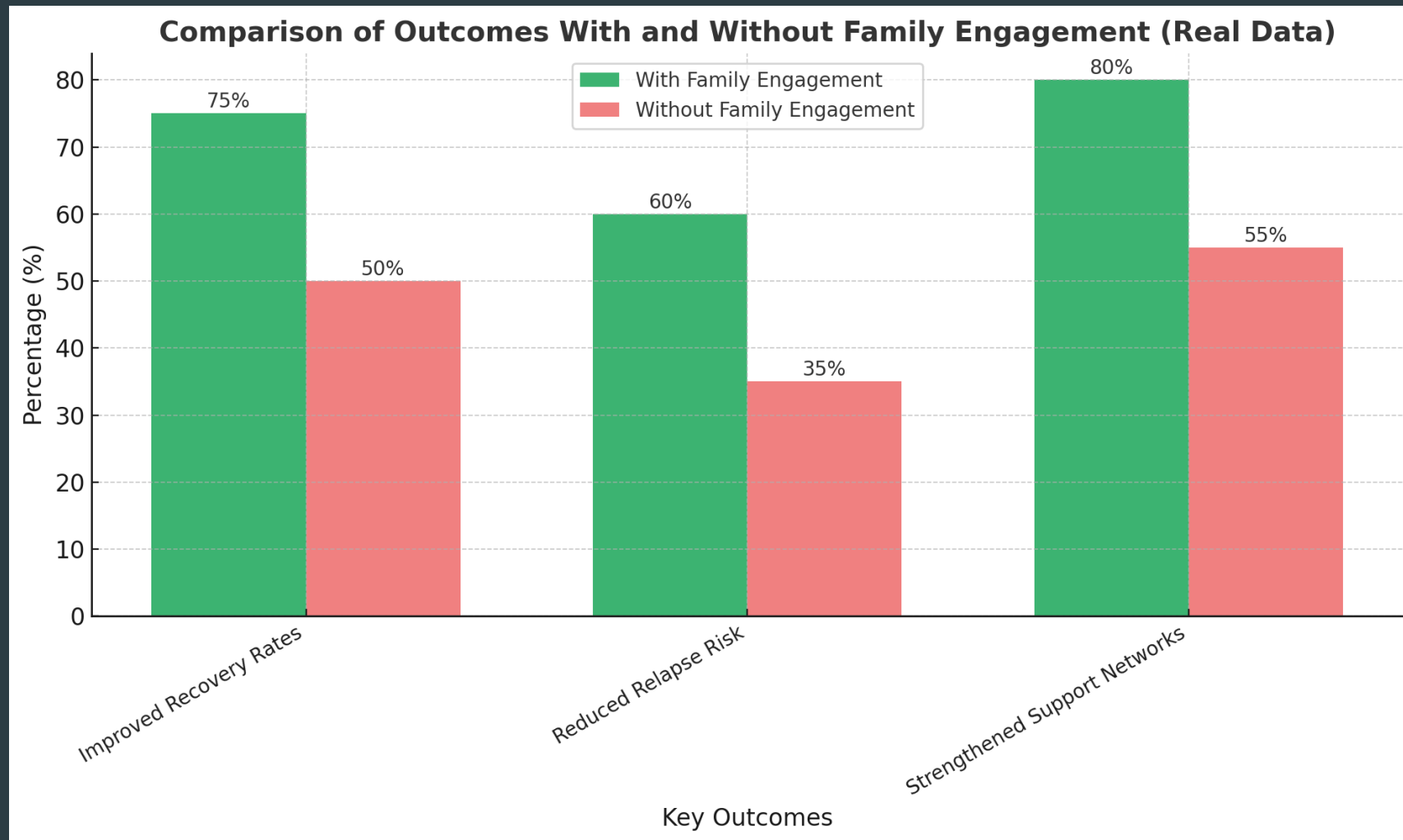
Case Studies

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Benefits of Engagement



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Conclusion: Scalable Solutions in a Changing World

- **Adaptation to evolving societal pressures:** Addressing the broader impact of modern challenges (mental health, social isolation, etc.)
- **Practical, scalable strategies:**
 - Embedding family-inclusive approaches into treatment models
 - Utilizing motivational interviewing as a bridge between individuals and their families
- **Key takeaway:** Supporting families enhances client outcomes, creating a more sustainable path to recovery.

The Family

Families are the compass that guides us. They are the inspiration to reach great heights, and our comfort when we occasionally falter.

BRAD HENRY

Family is not about blood.



www.InformativeQuotes.com

It's about who is willing to hold your hand when you need it the most.



- Any last minute questions or stand out thoughts?

- Contact: Mark Powell

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- Summary:
 - Engaging families is both a challenge and an opportunity.
 - Practical solutions can significantly enhance treatment outcomes.
 - Let's work together to foster stronger recovery networks.
- "Recovery is not just an individual journey—it's a family affair."

