

Working alliance Template

The Supervisor-Supervisee first meeting



The effectiveness of clinical supervision is relationally based.
The quality of the working alliance between the Supervisor &
Supervisee is a critical element

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Use these questions as a guide to your discussion at the pre/first meeting:

1. Purpose of supervision – what are your aims?
2. Describe your role & your work context.
3. What style of supervision have you had to date - what has worked/not worked?
4. Supervision goals for this contract– by the end of this period of CS I would like....
5. Outline the expectations, roles & responsibilities of both the supervisor & the supervisee
6. Practical issues – timing, venue ,frequency, preparation, confidentiality & limits (establish commitment)
8. Articulate what reflective practice is & its use in clinical supervision
9. Formalised record keeping and the use of a CS diary for the supervisee
10. Recognize strengths and areas of need for goals & professional development
12. Discuss any specific requirements – extra information that needs to be discussed
13. Discuss & determine evaluation processes- (when review & how)?
14. Discuss & agree on ways to monitor progress (how issues, cases will be presented)
15. Establish learning goals, & the contract/agreement is completed & signed
16. Clarify & establish 'ways of working' incorporating ethics, practice principles and confidentiality aspects
17. Other questions