VAADA Presentation

"Developing a Family Violence Psychoeducation Group for Women in AOD Treatment: Critical Reflections"

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Introduction

- Who we are

  ❖ Drug Health Services/Women's Program/Child Protection

- Purpose of presentation

  ❖ Women's Program - highlighting unique space (valuable insight into AOD & FV co-occurring)

  ❖ FV psychoeducation group model

  ❖ FV & AOD research project (themes identified, findings and reflections)

  ❖ Reflections from FV psychoeducation group within AOD setting

Women's Day Rehabilitation Program

- Women's only six week treatment facility

- Gender specific facility which focuses on women's issues – anecdotal evidence

- FV and AOD issues

- Motivation for developing group

FV Psychoeducation Group

- Developed group from evidence based contemporary resources (CRAF, DV Alert)

- Structure of group

❖ Introduction

❖ 8 categories

❖ Cycle of violence

❖ Myths and facts

❖ High risk factors

❖ Impacts on children

❖ Early warning signs

FV & AOD Research Project

- Research to date –literature review focusing on FV interventions for women within AOD settings.

- Themes identified from Australian and international research

  ❖ Main finding/theme is the relationship between FV and AOD issues
  ➢ Statistics
  ➢ Increases risk/and severity of abuse
  ➢ Increasing AOD use as coping mechanism
  ❖ Barriers to accessing FV treatment when experiencing AOD issues and vice versa
  ❖ Gender specific treatment
  ❖ Current FV interventions for clients already engaging with AOD support
  ❖ Issues with service collaboration
  ❖ Lack of staff training and confidence to address both issues co-occurring

- Future plans to have the group formally evaluated

- Gaps in the literature

Reflections and findings from FV group

- Challenges

  ❖ Time constraints

  ❖ Name of group and participation

  ❖ Staff prerequisites

  ❖ Discussions regarding justifiable (MH, AOD)

- Highlights

  ❖ Validation

  ❖ Enthusiastic participation and discussions

  ❖ Feedback regarding education provided

  ❖ Respect

Questions

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