

Everybody's business: practising intersectionality

VAADA Intersectionality Forum
North Western Melbourne PHN region



Victorian Transcultural
MENTAL HEALTH

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Diversity capabilities: 'who the worker is'

AOD clinician
Team leader
Service manager
.....

advocate

practitioner

manager

communicator

collaborator

scholar

professional

....



**DIALOGUE
CANNOT EXIST
WITHOUT
HUMILITY**

-Paulo
Freire

Paulo Freire, author of Pedagogy of the Oppressed
1921-1997, philosopher, born Brazil.

<https://www.indigenousvision.org/services/training/>

From the *Cultural Formulation Interview*

Q 16

“Sometimes [practitioners] and [clients] misunderstand each other because they come from different backgrounds or have different expectations.

Have you been concerned about this and is there anything that we can do to provide you with the care you need?”

Download all the CFI materials for free at http://www.multiculturalmentalhealth.ca/wp-content/uploads/2013/10/2013_DSM5_CFI.pdf

Free online resources

Cultural diversity and assessment

Online learning resource, designed to assist mental health practitioners to focus on cultural aspects of mental health and well-being in assessment.

www.vtmh-culturalassessmentformulation.online

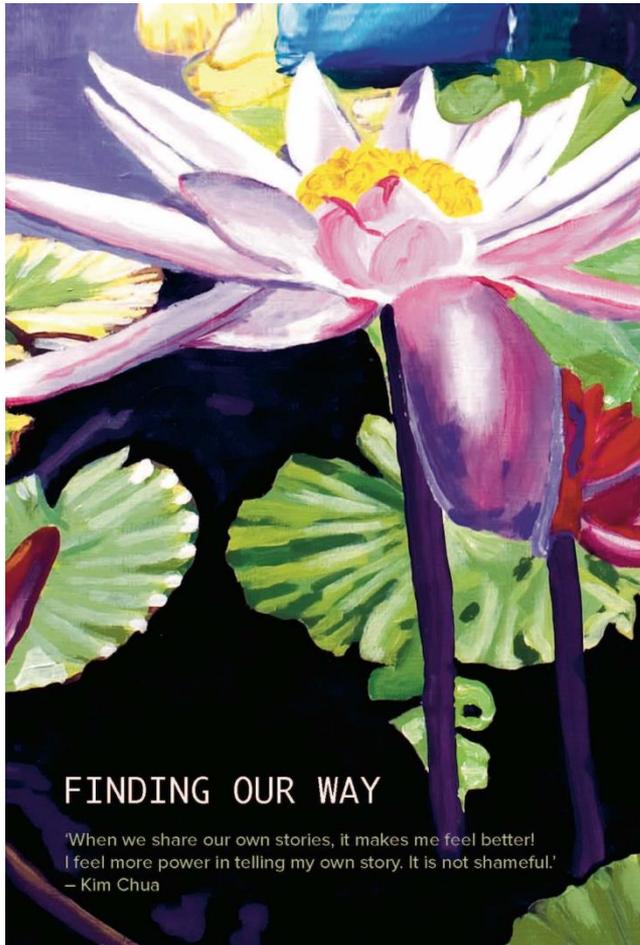
(This and other free online learning resources – *Introduction to Cultural Responsiveness* and *Working with Interpreters* – available at

<http://www.vtmh.org.au/education-and-training/learnonline>)



Cultural diversity & assessment

Free online resources



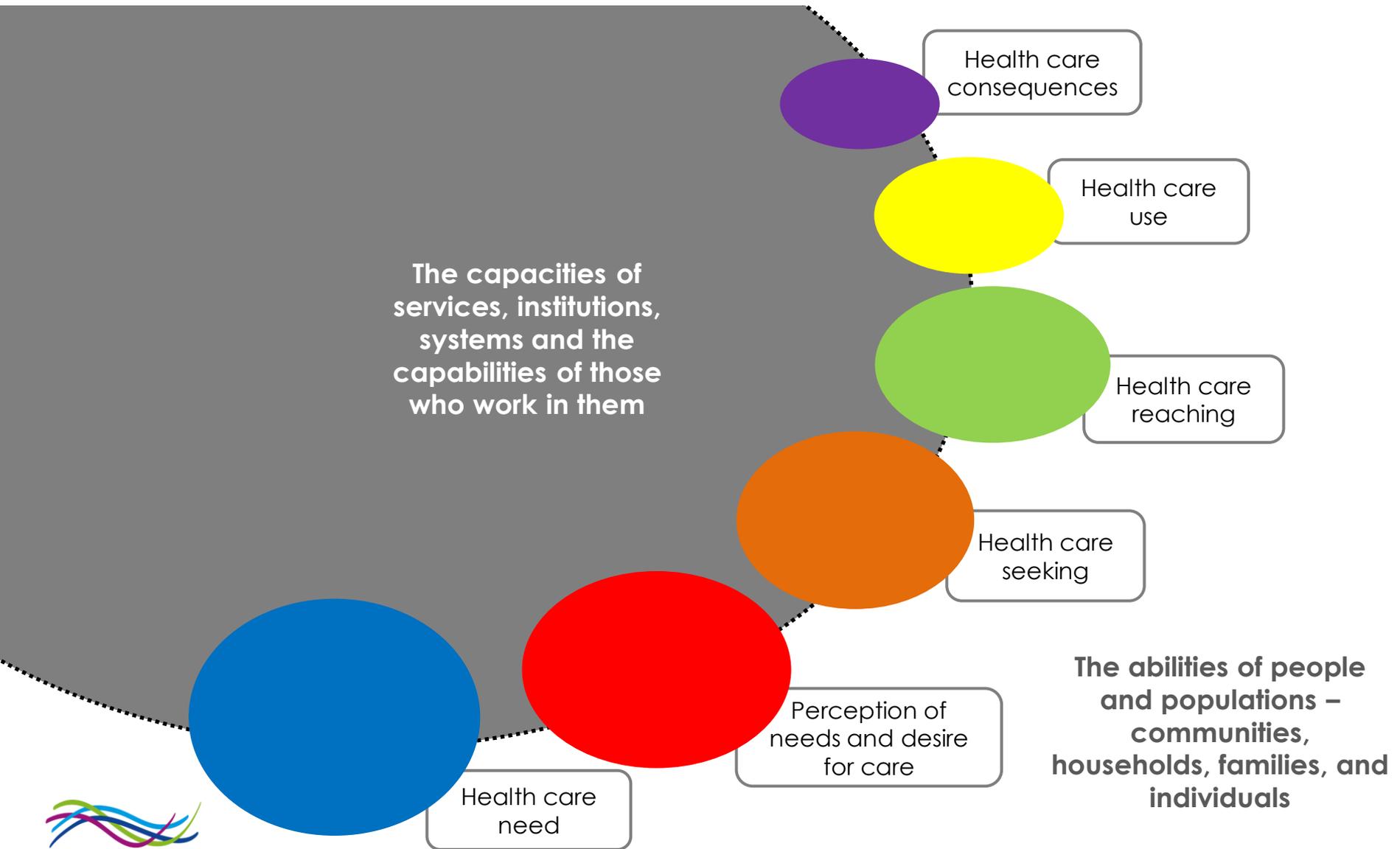
'Finding our way' and 'Our Voices' – consumer and carer stories available to view at www.vtmh.org.au

(My Ly is one of the 'Our Voices' stories)



The stages of seeking help

(Concepts adapted from Levesque et al. (2013))



Summary



Four practice points

- Be open to addressing the issues
- Listen in order to understand
- Make and undertake responsiveness plans
- Create a reflective, learning healthcare system



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- See also open video material on cultural humility <https://youtube-material.netlify.com/video/SaSHLbS1V4w>

