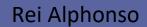


### Key Considerations for Practice

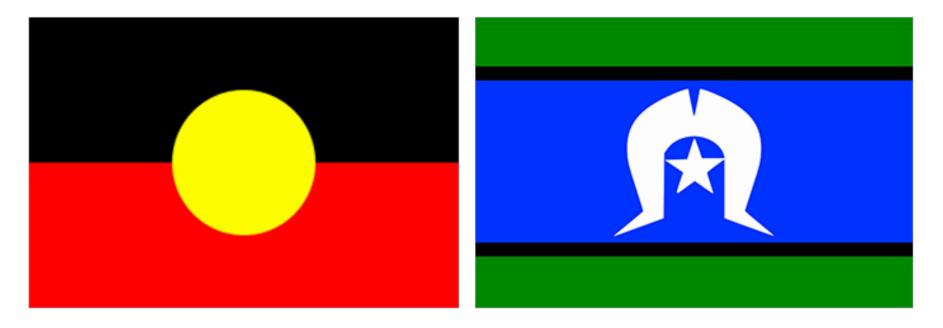
















### queerspace

Melbourne's health and wellbeing service for lesbian, gay, bisexual, trans, intersex, questioning and queer (LGBTIQ+) people and families

**queerspace** provides a safe and supportive space to obtain counselling and support aimed at improving health and wellbeing for queer people, families and communities

03 9663 6733

enquiries@ds.org.au www.queerspace.org.au







CULTURE OF PRACTICE	ADVOCACY-ORIENTED AND CHANGE-FOCUSSED
<ul> <li>Community-led and staffed by transdisciplinary team including lived experience</li> <li>Inclusive</li> <li>Best practice clinical governance</li> <li>Continuing care model</li> <li>Client-centered</li> <li>Safe and confidential for workers and cilents</li> <li>Transparent communication processes and pathways</li> </ul>	<ul> <li>Aims to produce long-term and systemic change</li> <li>Focus on professional development</li> <li>Support and advocacy approach that involves peer workers and collaboration with mainstream allies</li> <li>Works to dismantle barriers to access</li> <li>Advocates for change in legal policy and builds alliances with legal allies</li> </ul>
SERV	ARY CO-PRODUCED /ICE: OF PRACTICE
WRAP-AROUND AND SYSTEM WIDE LGBTIQ+ specialist service with structured pathways to the IFV system and to regional/rural services •Systemic response, inclusive of prevention and health promotion, early intervention, individual work, victim/survivor and perpetrator interventions •Structured pathways to legal assistance	CULTURE OF LEARNING Ongoing reflective pratice •Culture of evaluation and continuous learning •Focus on data and research •Attitude of discovery •Communications focus on advocacy and community education





#### OUR HEALTH IN OUR HANDS



### Social Determinants of LGBT Populations

- Social stigma
- Rejection by family members
- Abuse and violence
- Inequitable legal treatment
- Being "closeted" or "stealth"
- Inappropriate or inaccessible healthcare
- Lack of culturally competent services



# **CONTEXT OF USE**

- Normalised recreational use
- Coping/Avoidance
- Social and Sexual Enhancement
- Nested within Identity
- Enhanced embodiment



## **RISK FACTORS**

- Coming out
- Transitioning
- Experiences of discrimination
- Intersectional oppression
- Internalised oppression
- Loss of social and family support
- Poor body image/dysphoria
- Lack of inclusive services
- Pathologisation



### **Australian Standards of Practice**

Charter of Human Rights and Responsibilities Equal Opportunity Act (2010) Sex Discrimination Act (1984) Privacy Act 1988 (Cth) Australian Privacy Principles



## **INTEGRATING CHANGE**

- Understand cultural trauma
- Work with implicit bias
- Equity not equality
- Sustain change over time
- Proactive vs reactive
- Build sex positive practice
- Center non binary needs



## **BUILDING RESILIENCE**

- self-generated definition of self
- embracing self-worth
- awareness of oppression
- connection with a supportive community
- cultivating hope for the future
- social activism
- being a positive role model





#### **OUR HEALTH IN OUR HANDS**



#### Rei Alphonso





