



The Muslim Youth, Adult & Families (**MYAF**) program is a service delivered to the community free of cost and is based at **MyCentre Support Services** at 831 Pascoe Vale Road, Glenroy VIC. 3046.

The MYAF program was established to support individuals and families from the Islamic Community who are experiencing alcohol and drug related issues. MYAF offers help with counselling, youth support, education programs, support groups and referrals to other support services. This partnership is strengthened by significant Islamic community MYAF partners, principally **MyCentre Multicultural Youth Centre** with endorsement by the **Islamic Council of Victoria**.



MYAF is a federally-funded AOD initiative supporting the Islamic population of north-west metropolitan Melbourne to access drug treatment services. MYAF is funded through the North Western Melbourne Primary Health Network (NWMPHN), and comprises a partnership of Alcohol and Drug providers - Odyssey House Victoria (OHV), The Salvation Army, Self Help Addiction Resource Centre (SHARC) and Youth Support and Advocacy Service (YSAS).



**Drug & Alcohol Support for
-Families -Youth -Adults**

**We are only a
phone call away.**

We're here to help...

831 Pascoe Vale Rd, Glenroy VIC. 3046
PH. 9078 3840
mysupport@mycentre.org.au

Supporting individuals and families from the Islamic Community who are experiencing alcohol and drug related issues.

Support within the program includes:

AOD Counsellors

The Alcohol & Drug Counsellors are focused on building strong relationships with clients from Islamic communities and their families to assist clients change behaviours related to AOD use.

- Counselling - We offer face-to-face, telephone and outreach support.
- Assessment - Providing tailored assessment for people's individual needs.
- Referral - Linking to withdrawal and rehabilitation programs and a range of other community support services.

Family Workers

Our family workers provide practical help, information and support to families and friends impacted by someone's drug and alcohol use in the Islamic community. We offer a range of services such as:

- Brief intervention, in person or by telephone
- Educational programs that provide practical support, information and strategies
- Male and female specific support groups that provide education, support and connection

Youth Worker

The Youth AOD Outreach worker provides the following support to young people from the Islamic Community, ages 15-24 in the North-West Metropolitan region of Melbourne.

- Alcohol and drug assessment, treatment and support to young people.
- Information and education on alcohol and other drugs.
- Access to residential services such as detox and rehabilitation services.
- Supported referral and follow up to other services (e.g. housing, employment, education, specialist youth services, welfare services etc.).

