



COLLABORATION WITH OTHER SECTORS

CHAIR: GILLIAN CLARK, PROJECT OFFICER MENTAL HEALTH ROYAL COMMISSION

- Co-designing a national Prompt Response Network: Victorian perspectives
- 2. Yarra and Boroondara
 Mental Health
 Alliances create cross
 sectoral collaboration,
 optimism and allyship
- Drug Outreach Lawyer
 (DOL) A 21 year
 collaboration with the
 AOD sector

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Co-designing a national Prompt Response Network: Victorian perspectives

Penny Hill, NCCRED Tom Lyons, DH Alexand Anketell, HRVic

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PRN





The Prompt Response Network (PRN)

is a national network bringing together existing and emerging early warning networks across the country

Mission

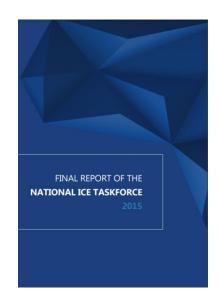
The Prompt Response Network will:

Coordinate participants to share information and knowledge for timely public health responses that reduce the harmful effects of emerging drugs



Background: Victoria





Final Report of the National Ice Taskforce (2015)





Co-design Process



Conducting a collaborative consultation and co-design process - What we identified:

- There were common steps across all their processes in monitoring and assessing drugs of harm and their impacts on the public
- There were differences and nuances across all the jurisdictions, and opportunities to support their activities
- There were limited resources and mostly people extending themselves to take on this work
- There were distinct opportunities to support, enable and coordinate to coordinate and enable specific activities at a national network through the support of existing and emerging activities of each of the jurisdictions
- There is a keen willingness, necessity and readiness to enable a national network



Process Mapping



Starting with an understanding of their intentions we mapped each of their existing activities, noting the steps and processes they have in place, who is involved and when, key decision-making points, what networks and communications were utilised.

We discovered how we could:

- Support existing activities
- **Enable** where there are existing gaps
- Coordinate at a national level



Governance Structure (Development)



Guidance Groups

- Jurisdictional Guidance Group: Members from lead agencies of state and territory early warning networks: ACT Health, NSW Health (PRISE), NT (HRAG), Queensland Police, Forensic Science SA (SADEWS), Vic DH, WA MHC EWS
- Peer Advisory Group: Members from AIVL (National Peer Peak Org), and all state and Territory Peer Orgs (CAHMA, NUAA, NTAHC, QuIHN, HepSA CNP, TUHSL, HRVic, PBHRWA)
- Implementation Group: Members from NCCRED, NDRI and NDARC



Victorian Department of Health



Drug advice

White powder containing '3-Hydroxy-PCP' is being sold as ketamine

3-HO-PCP is a "dissociative" drug that takes longer to have an effect than ketamine but is more potent and unpredictable

A dissociative increases feelings of 'distance from reality', but also has other effects. Not much is known about 3-HO-PCP, but its effects appear to include unconsciousness, raised blood pressure and heart rate, hallucinations, agitation and confusion. It can also affect opioid receptors and may lead to ineffective breathing.

People who have used 3-HO-PCP report that it may be more potent than ketamine (stronger effects happen at a lower dose). They also report that 3-HO-PCP takes longer than ketamine to take effect and wear off

3-HO-PCP is a similar chemical to PCP ("Angel Dust"). While it's not clear how similar their effects are, they may share some unwanted effects such as hallucinations, agitation, and life-threatening elevations in heart rate, blood pressure and body temperature.

Be cautious about any drug sold recently as ketamine in Victoria

The 3-HO-PCP circulating in Victoria is described as a white powder that looks like ketamine. In the past few weeks, there's been an unusually high number of people seeking emergency medical support after using what they thought was ketamine. Those who sought help typically experienced unconscio severe dissociative effects requiring medical assistance. Several people have since had 3-HO-PCP confirmed

3.HO.PCP can take around 20 to 40 minutes to have a noticeable effect and lasts about three to four hours unexpected drug effects, do not take more.

Using dissociatives like 3-HO-PCP with depressants such as opioids, benzodiazepines, GHB, or alcohol will increase the risk of overdose and may lead to loss of consciousness and ineffective breathing.

Reduce the risk of harm

If you experience adverse drug effects, or are present when someone has an unexpected reaction, seek help

All alcohol and other drug use comes with risks, so:

- ✓ Be aware that other false or contaminated drug products may circulate in Victoria, even if no specific warning.
- Start low and go slow, and make sure you're in a safe environment with people you trust
- ✓ Remember, even 'pure' drugs can produce serious side effects and death, and can interact dangerously with

Contact Harm Reduction Victoria's DanceWize team for anonymous support and education from peers. Talk to someone you know needs help with alcohol or drug use, call DirectLine on 1800 888 236 or visit directline.org.al



Health warning on poppy seeds



Health alert

Alert number: 221115

Date issued: 15 Nov 2022 - Update to CHO alert 11 November 2022

Dr Angie Bone, Deputy Chief Health Officer (Environment Health professionals and the Victorian community

Key messages

- Non-food grade poppy seeds have incorrectly entered the food supply chain. These seeds are not intended for human consumption and are not
- concentrated form such as a tea, have resulted in cases of severe toxicity
- Anyone who has consumed large quantities of poppy seeds, for example as a drink, and experiences any unusual and severe symptoms should attend their pearest Emergency Department
- · A national food recall is currently underway to remove affected product identified to date. See Food Standards Australia and New Zealand (FSANZ) for the brands and batch numbers currently affected . Monitor this
- · The investigation is continuing, with ongoing identification of specific brands affected. Given the uncertainties, consumers may wish to avoid consumption of poppy seeds purchased since September 2022, until the investigation has concluded.
- The Victorian Poisons Information Centre
 acan be contacted 24/7 on 13 11 26 and can provide more information about poisons and what to do in suspected cases of poppy seed poisoning.

What is the issue?

brewed poppy seed tea have continued. This is occurring within Victoria and across Australia. As of 15/11/22 there have been eleven reported cases in

Drug alert

PMMA has been detected in MDMA (ecstasy) in Melbourne, presenting as broken up (crushed) yellow crystals.

PMMA produces some similar effects to MDMA, but is more toxic, less euphoric,

Para-Methoxymethamphetamine (PMMA) is an 'empathogen' with stimulant and mild hallucinogenic taken, it seems to have a significant risk of very serious harm to health. This includes hyperthermia (dangerously high body temperature), acute respiratory distress (severe shortness of breath needing immediate medical attention), cardiac arrest, convulsions, sudden collapse, multiple organ failure, and death,

Reports from people who have used PMMA intentionally suggest it's hard to take a dose that provides any desirable effects without experiencing serious unwanted effects. While unpredictable the effects of PMMA may include moderate stimulation, mildly heightened senses, seeing colours and shapes, owerheating dehydration, sweating, increased heartbeat and blood pressure, difficulty breathing, irregular eye movements

Be very cautious about any substance with a vellow colour/tinge that's sold as

At low doses PMMA can be mistaken for MDMA, but PMMA takes longer than MDMA to have an effect. This has led some people to prematurely take additional doses, leading to overdose. If you have an unexpected or delayed reaction to a drug, do not take more.

Consuming PMMA and MDMA together, or with other substances like cocaine or alcohol, will further increas the risk of unwanted and potentially fatal effects. PMMA and the related drug PMA have been associated with a substantial number of hospitalisations and deaths worldwide, often involving both PMMA/PMA and MDMA

If you experience adverse drug effects, or are present when someone has an unexpected reaction, seek help immediately by calling Triple Zero (000)

- ✓ Be aware that other false or contaminated drug products may circulate in Victoria, even if no specific.
- ✓ Start low and go slow with how much you consume. If you have any unexpected or delayed reaction to a
- ✓ Make sure you're in a safe environment with people you trust
- ✓ Remember, even 'pure' drugs can produce serious side effects and death, and can interact dangerously with medications/pharmaceutical drugs get the facts at: adf.org.au/drug-facts/.

Contact Harm Reduction Victoria's DanceWize team for anonymous support and education from peers. Tall To Difference reasonable or all music festivalis across Victoria.

If you or someone you know needs help with alcohol or drug use, call DirectLine on 1800 888 236 or well.

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Drug alert

Yellow powder containing the potent opioid 'protonitazene' has been mis-sold as ketamine in Melbourne

Protonitazene is a novel synthetic opioid

Opioids are central nervous system depressants. They typically produce a range of effects including sedation short-term pain relief, and respiratory depression (breathing difficulty). Respiratory depression often appears more quickly with novel synthetic opioids (NSOs), increasing the risk of life-threatening overdose. NSOs are

Protonitazene is a potent NSO that is not often seen in Australia. It's around three times more potent than

Be cautious about any powder with a yellow colour or tinge, especially if sold as ketamine - it may contain protonitazen

ere have been serious recent hospitalisations associated with this powder. The product appears to have strong and fast-acting effects, leading to loss of consciousness and respiratory depression which may cause

People who are expecting to use ketamine may not know how to recognise and respond to opioid overdose Someone might appear to be entering a "K-Hole" (a dissociative state brought on by higher doses of ketamine) but could actually be showing signs of opioid overdose. Signs of opioid overdose to look out for include: information about opioid overdose symptoms can be found here

Using protonitazene or other opioids with depressants such as alcohol, GHB or benzodiazepines

Reduce the risk of harm + get naloxone to reverse opioid overdose

If you experience adverse drug effects, or are present when someone has an unexpected reaction, seek hein

Naloxone is an easy-to-use medication that can reverse opioid overdose – it's safe to use even if you're not sure whether someone has taken opioids. Contact Harm Reduction Victoria or DirectLine to obtain free

exone locally and be trained in how to use it. Naioxone is also available from pharmacies without a script All alcohol and other drug use comes with risks, so:

- ✓ Be aware that other false or contaminated drug products may circulate in Victoria, even if no specific.
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- ✓ Remember, even 'pure' drugs can produce serious side effects and death, and can interact dangerously.

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1

Developing Victoria's drug 'early warning' capability

COVID-19:

Started during, and largely because of, possible pandemic impacts

Existing drug monitoring was a little slow + imprecise to ID emerging public health risks

Timely opportunity to...

Trial new models

Grow collaboration with new + existing partners

= Great progress since then...

... but we're still in a research + development phase!

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In Victoria
we're
developing a
health-led
early warning
model

Most intel comes from public hospitals

We've also supported research pilots that can ID drugs in microscopic residues The EDNAV study produces most of our primary intelligence

Run by the Victorian Poisons Information Centre

... across a network of 20 Victorian emergency departments

+ analytical services from Victorian Institute of Forensic Medicine

Focus: People presenting to ED with illicit drug toxicity

(reported or suspected)

✓ Patient aged ≥ 12 years

 Severe, unusual or unexpected symptoms

✓ Blood being taken as part of care

Transport to VIFM for comprehensive, specialised analysis

500+ substances

Weekly reporting to Department of Health

Weekly joint scans for critical public health risks Possible drug adulteration, substitution or contamination

Unexpected severe toxicity

When we find something of concern that

... isn't in the public domain

+ risk may be modifiable by sharing info ... we share it with Harm Reduction Victoria (peers) + whoever else + undertake a joint assessment and decision-making process with PLLE, clinicians Guided by principles...

Site can

of blood

sample

retain part

Harm reduction

Public health

Empowering people with specific + actionable info

We've published **eight Drug Alerts** to date

+ **Dissemination** – web, social, peer, etc

Google 'drug alerts victoria' ⊕

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3

It's great to have some protocols to guide us They help us to act when we're reasonably confident

... even though we rarely see the full

picture:

Illicit drug market = **big**, **messy**, **contradictory** place

We're almost certainly missing high-risk signals

You can **never have perfect info**

Often the data begs more questions

That's why we're excited about the PRN

There's huge potential to...

Share info across the country

Surface + triangulate more signals

Improve + harmonise our **practice**

Reach more people

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Reach more people

History tells us we need to monitor trends carefully

Respectful

Collaborative

... we're getting there!



Harm Reduction Victoria





ut 3-HO-PCP.

REPORTED EFFECTS:

elevated heart rate increased body temperature hallucinations

DETECTED SUBSTANCE:

3-HO-PCP is a "dissociative" drug. A dissociative increases feelings of 'distance from reality', but also has other effects. People who have used 3-HO-PCP report that it has stronger effects than ketamine at a lower dose.

They also report that 3-HO-PCP takes longer than ketamine to take effect and to wear off. ("Angel Dust").

REDUCING RISKS:

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CALL 000 IF YOU FEEL YOU HAVE BEEN AFFECTED









PRN Components





National Signal Register

A custom-built digital platform to provide a national dashboard of real-time signals utilising minimum deidentified data from contributing jurisdictional agencies



National Network

A broad community of people who are involved with regional and national networks to share information, insights and opportunities.



Public Website & Social Media Links to public health alerts which will also link to relevant organisations and resources



Anecdotal Information Portal*
Currently in initial scoping/consultation phase
with PRN Peer Advisory Group



Community Network

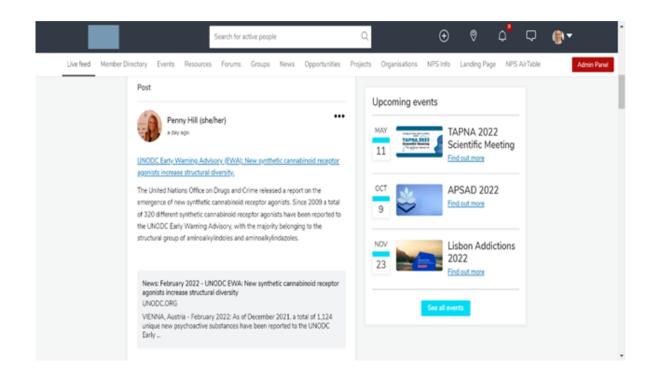


National network:

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An online community platform for broader stakeholders who opt in from each jurisdiction or organisation/network.



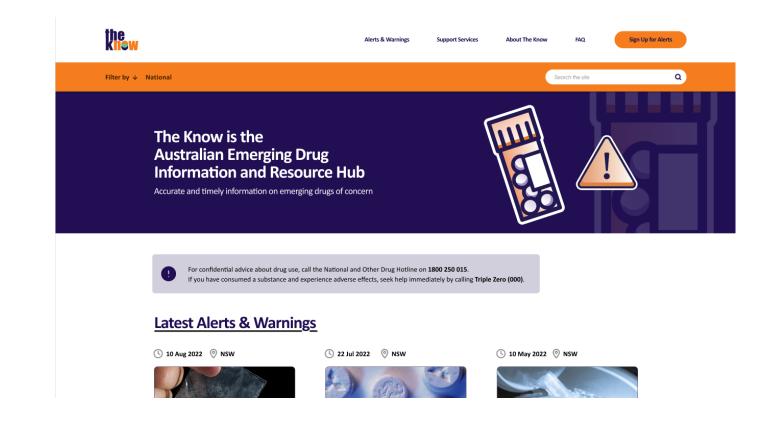


Public Website





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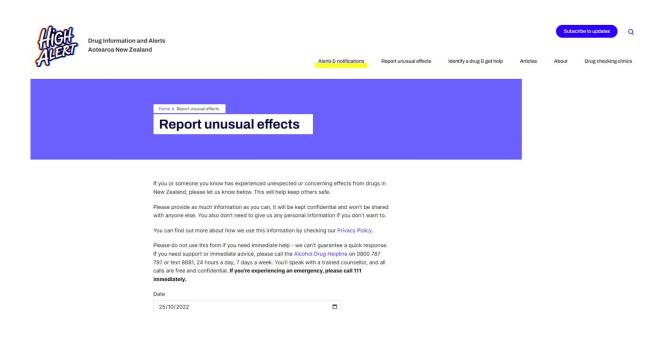
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Currently in initial scoping/consultation phase led with PRN Peer Advisory Group



Example: High Alert NZ's Reporting Page: https://www.highalert.org.nz/report-unusual-effects/



Opportunities to get involved





Community Network

Join the network when we're ready to onboard local service providers (onboarding in progress)



Public Website & Social Media

Check out the website and follow our social media channels: **theknow.org.au** (Launch early 2023)



Anecdotal Information Portal

Get in touch and let us know if you'd like to be involved in the consultation process! **prn@nccred.org.au**



Acknowledgements



- PRN Team: Hayley Murphy, Seb Baird
- Jurisdictional Advisory Group: Philip Hull, Ella Dilkes-Frayne, Megan Arnold, Eleanor Taylor-Rogers (ACT Health); Jade Redfern, Daniel Andres (ACT-GAL); Jared Brown (NSW Health); Pete Burnheim (AADANT); David Decolongon (NT Public Health Directorate); Margo Watson (Queensland Police); Andrew Camilleri (FSSA); Tom Lyons, Ginny McKinnon (Vic DOH); Claire Hicks, Grace Oh, Kelly Kennington, Christine Yeang (WA MHC); Jess Soderstrom, Jen Smith, Courtney Weber (Royal Perth Hospital/EDNA)
- Peer Advisory Group: Sav Gollapolly, Adrian Gorringe, Steph Tzanetis (AIVL); Mitch Lamb, Chris Gough (CAHMA); Gulliver McLean, Rochelle Aylmer, Mary Harrod (NUAA); Pete Sidaway (NTAHC); Brooke Walters, Niki Parry (QuIHN); Carol Holly, Andrea Peterson (HepSA CNP); Mark Jones (TUHSL); Alexand Anketell, Bridget Hayes, Sione Crawford (HRVic); Paul Dessauer, Angela Corry (PBHRWA)
- Implementation Group: Nadine Ezard, Krista Siefried, Jemma Hallen (NCCRED); Amy Peacock (NDARC); Simon Lenton (NDRI)
- Consultants: Trish Cave, Bec Dahl, Mark Elliott (Collabforge); Josh Forde, Kacey Chong, Alison Cusack (Ackama)





Thank you!

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