

# VAADA 'snapshot' waitlist survey

September 2020 January 2021 July 2021



### **About the survey**

- ☐ The key aim was to determine an accurate measure of the number of people waiting for treatment across all treatment types on any given day
  - ☐ This will assist us in engaging in advocacy activities and articulating issues of demand and capacity
- ☐ We intend on resubmitting this survey every quarter to ascertain a longitudinal sense of demand
  - ☐ The strength of the advocacy is reliant on sector feedback



### the data

- ■# of responding agencies
  - $\square 24/8 28/9/2020$ : 47
  - $\square$ 30/11 11/1/2021: 38
  - $\Box$ 1/7 30/7 2021: 47
- □# of people waiting:
  - **□**24/8 − 28/9/2020: **2385**
  - **□**30/11 − 11/1/2021: **2427**
  - $\Box$ 1/7 30/7 2021: **3599**

### Number of people waiting for treatment

Treatment types	Sep-20	Dec / Jan 21	Jul-21
intake and referral	379	109	194
comprehensive assessment and initial treatment plan	523	609	1312
family counselling/support	36	48	20
care & recovery coordination	46	79	65
counselling - standard	156	170	211
counselling - complex	285	224	247
community based withdrawal - standard	19	31	44
community based withdrawal - complex	29	45	21
therapeutic day rehabilitation	19	94	17
adult residential withdrawal	250	77	420
adult residential rehabilitation	230	403	508
adult dual diagnosis residential rehabilitation	100	92	44
adult Aboriginal residential rehabilitation	0	0	26
mother and baby residential withdrawal	8	0	3
youth residential withdrawal	90	76	114
youth residential rehabilitation	10	16	6
youth Aboriginal residential rehabilitation	9	36	4
youth community based outreach programs	136	117	169
youth community based counselling	15	16	29
youth therapeutic day programs	45	25	0
other drug treatment programs not listed above		160	280
total	2385	2427	3599

### The bigger numbers...

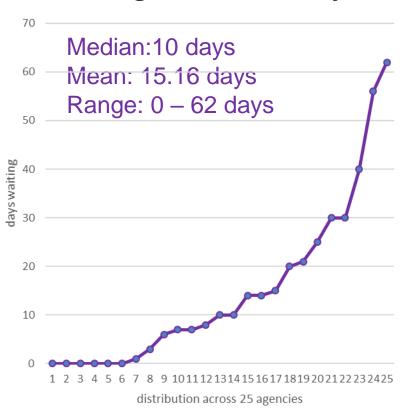
- Assessment has increased significantly to 1472 (7/21) up from 609 (1/21) (down from 902)
- Adult residential withdrawal has increased significantly from 250 (9/20) to 420 (7/21)
- Adult residential rehabilitation has increased from 403 (1/21) to 508 (7/21)
- Standard counselling has increased from 156 (9/20) to 211 (7/21)
- Youth outreach increased from 136 (9/20) to 169 (7/21)

### Wait times

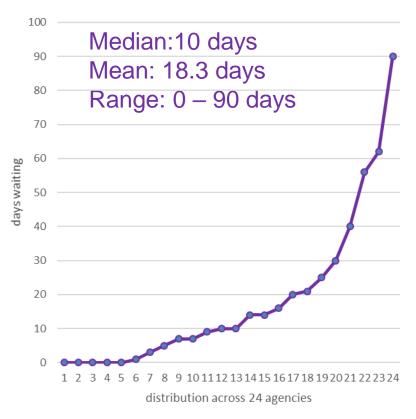
- The July 2021 snapshot survey sought information from agencies regarding wait times
- The wait times vary significantly across treatment type and region
- Agencies attributed the higher wait times to:
  - Increased forensic demand
  - Resourcing limitations
  - Staffing / recruitment issues

### Counselling – wait list duration

### **Counselling standard - days**

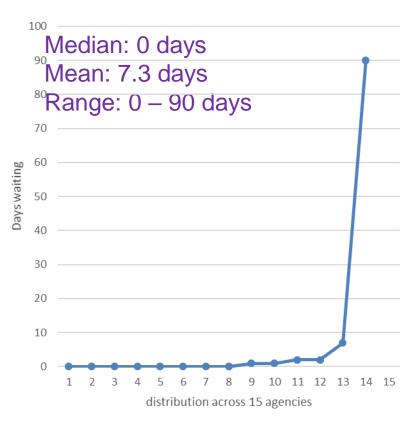


### **Counselling complex - days**

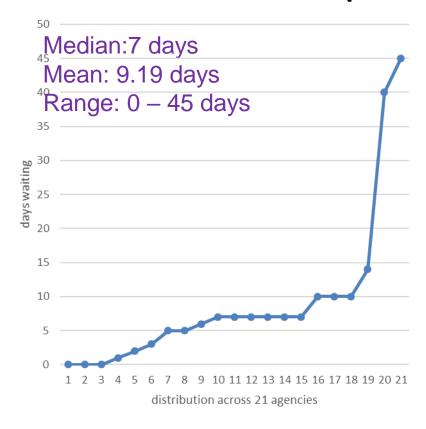


## Intake and assessment – wait list duration by days

#### Intake & referral

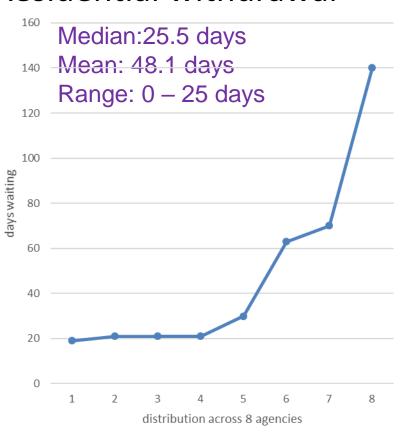


#### **Assessment & treatment plan**

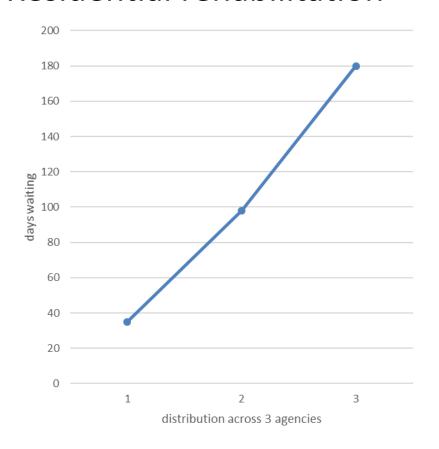


## Residential rehab and detox — wait list duration by days

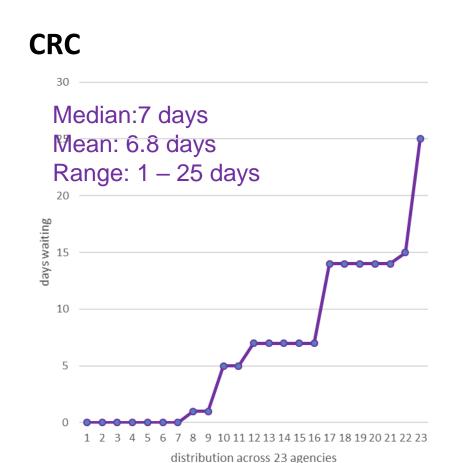
#### Residential withdrawal



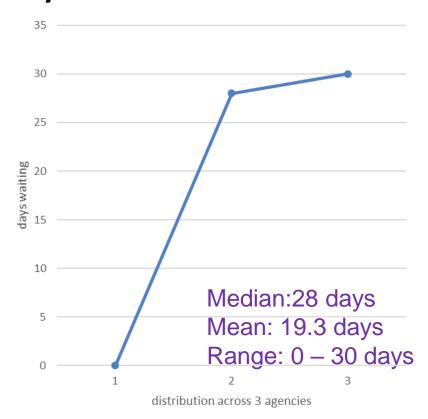
### Residential rehabilitation



## CRC & day rehab— wait list duration by days

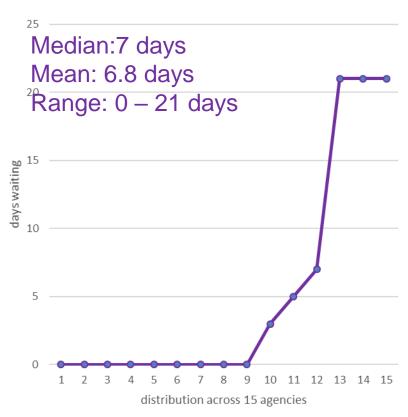


#### Day rehab

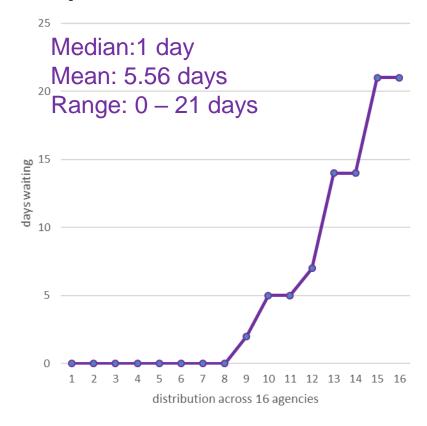


## Non resi withdrawal – standard & complex – wait list by days

#### standard

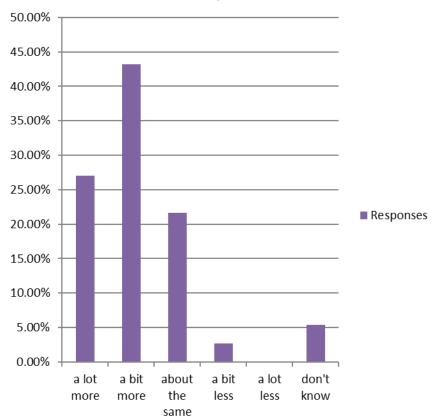


### complex

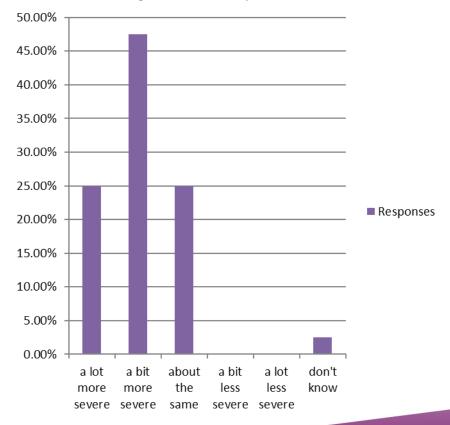


## Alcohol presentations since COVID-19 prevalence and severity

Prevalence of alcohol related presetations since COVID-19 by % of respondents



Severity in alcohol presentations since COVID-19 by % of responders



### More prevalent and more severe alcohol presentations since COVID-19

- 70% of respondents indicated that the prevalence of alcohol presentations had increased
- 2.7% (1) respondent indicated a decline; the remainder indicated 'no change' or 'unsure'
- 72.5% of respondents indicated that the severity of alcohol presentations had increased
- 0% noted a reduction in severity

### Agency observations

- Blow out in residential wait times, with limited resi detox a particular issue
- Staffing issues (recruitment, leave, insufficient resourcing for backfilling), exacerbated byCOPVID-19, impact adversely on waitlists
- Increase in demand in some regional areas, increasing wait times
- More new clients as well as an increase in relapse
- COVID-19 generates adverse resource and capacity implications for youth outreach