

VAADA 'snapshot' waitlist survey

January 2021



About the survey

- ☐ The key aim was to determine an accurate measure of the number of people waiting for treatment across all treatment types on any given day
 - ☐ This will assist us in engaging in advocacy activities and articulating issues of demand and capacity
- ☐ We intend on resubmitting this survey every quarter to ascertain a longitudinal sense of demand
 - ☐ The strength of the advocacy is reliant on sector feedback



About the survey [2]

- □38 agencies responded down from 47
- ☐ The survey included 4 questions:
 - **□**Agency
 - □ Number of people waiting on a given day
 - □ Prevalence of alcohol related presentations
 - ☐ Service user experience
- ☐ Responses were submitted between 30 November 2020 & 11 January 2021

2427 people waiting for treatment

	Jan-21	Sep-20
intake and referral	109	379
comprehensive assessment and initial treatment plan	609	523
family counselling/support	48	36
care & recovery coordination	79	46
counselling - standard	170	156
counselling - complex	224	285
community based withdrawal - standard	31	19
community based withdrawal - complex	45	29
therapeutic day rehabilitation	94	19
adult residential withdrawal	77	250
adult residential rehabilitation	403	230
adult dual diagnosis residential rehabilitation	92	100
adult Aboriginal residential rehabilitation	0	0
mother and baby residential withdrawal	0	8
youth residential withdrawal	76	90
youth residential rehabilitation	16	10
youth Aboriginal residential rehabilitation	36	9
youth community based outreach programs	117	136
youth community based counselling	16	15
youth therapeutic day programs	25	45
other drug treatment programs not listed above	160	N/A
TOTAL	2427	2385

The bigger numbers...

- 808 (down from 902) waiting for intake and referral and assessment
 - However, assessment has increased and intake has decreased
- 700 (up from 697) waiting for residential services (inc youth)
 - Residential rehab increased and withdrawal decreased
- 286 (down from 305) waiting for youth services (not including those <25 at intake and assessment)
- 394 (up from 341) waiting for counselling with 60% waiting for complex counselling

Alcohol presentations

ANSWER CHOICES	RESPONSES	
a lot more	27.03%	10
a bit more	43.24%	16
about the same	21.62%	8
a bit less	2.70%	1
a lot less	0.00%	0
don't know	5.41%	2
TOTAL		37

Agency observations

- Blow out in residential wait times, with limited resi detox a particular issue
- Blow out on wait times for counselling
- Greater frequency in presentations with family violence, child protection and MH concerns
- Increased frequency of families concerned about young people
- Changing drug profiles, continued concerns re alcohol