

VAADA 'snapshot' waitlist survey

October 2020

About the survey

- ❑ The key aim was to determine an accurate measure of the number of people waiting for treatment across all treatment types on any given day
 - ❑ *This will assist us in engaging in advocacy activities and articulating issues of demand and capacity*

- ❑ We intend on resubmitting this survey every quarter to ascertain a longitudinal sense of demand
 - ❑ The strength of the advocacy is reliant on sector feedback

About the survey [2]

- ☐ 47 agencies responded from which 2 remained anonymous

- ☐ The survey included 4 questions:
 - ☐ *Agency*
 - ☐ *Number of people waiting on a given day*
 - ☐ *How this compares pre COVID-19 (Mar 2020)*
 - ☐ *Service user experience*

- ☐ Responses were submitted between 27 August & 1 October 2020

2385 people waiting for treatment

ANSWER CHOICES ▾		AVERAGE NUMBER ▾	TOTAL NUMBER ▾	RESPONSES ▾
intake and referral	Responses	8	379	50
comprehensive assessment and initial treatment plan	Responses	10	523	52
family counselling/support	Responses	1	36	49
care & recovery coordination	Responses	1	46	50
counselling - standard	Responses	3	156	50
counselling - complex	Responses	6	285	50
community based withdrawal - standard	Responses	0	19	47
community based withdrawal - complex	Responses	1	29	47
therapeutic day rehabilitation	Responses	0	19	42
adult residential withdrawal	Responses	6	250	43
adult residential rehabilitation	Responses	6	230	40
adult dual diagnosis residential rehabilitation	Responses	3	100	40
adult aboriginal residential rehabilitation	Responses	0	0	39
mother and baby residential withdrawal	Responses	0	8	39
youth residential withdrawal	Responses	2	90	43
youth residential rehabilitation	Responses	0	10	40
youth aboriginal residential rehabilitation	Responses	0	9	40
youth community based outreach programs	Responses	3	136	46
youth community based counselling	Responses	0	15	42
youth therapeutic day programs	Responses	1	45	40
Total Respondents: 59				^

The bigger numbers...

- 902 waiting for intake and referral and assessment
- 697 waiting for residential services (inc youth)
- 305 waiting for youth services (not including those <25 at intake and assessment)
- 341 waiting for counselling with 2/3 of that cohort waiting for complex counselling

Demand has increased

	less		the same		more	
intake and referral	8.16%	4	38.78%	19	22.45%	11
comprehensive assessment and initial treatment plan	8.00%	4	52.00%	26	32.00%	16
care & recovery coordination	12.24%	6	44.90%	22	16.33%	8
Family counselling/support	6.25%	3	43.75%	21	10.42%	5
counselling - standard	5.88%	3	50.98%	26	25.49%	13
counselling - complex	3.92%	2	41.18%	21	33.33%	17
community based withdrawal - standard	8.16%	4	30.61%	15	20.41%	10
community based withdrawal - complex	6.25%	3	22.92%	11	20.83%	10
therapeutic day rehabilitation	6.52%	3	17.39%	8	6.52%	3
adult residential withdrawal	0.00%	0	13.33%	6	11.11%	5
adult residential rehabilitation	2.22%	1	13.33%	6	4.44%	2
adult dual diagnosis residential rehabilitation	0.00%	0	9.30%	4	0.00%	0
adult aboriginal residential rehabilitation	2.27%	1	6.82%	3	0.00%	0
mother and baby residential withdrawal	0.00%	0	11.36%	5	0.00%	0
youth residential withdrawal	0.00%	0	13.04%	6	10.87%	5
youth residential rehabilitation	0.00%	0	15.91%	7	4.55%	2
youth aboriginal residential rehabilitation	2.27%	1	4.55%	2	2.27%	1
youth community based outreach programs	0.00%	0	22.92%	11	18.75%	9
youth community based counselling	0.00%	0	22.22%	10	8.89%	4
youth therapeutic day programs	0.00%	0	6.82%	3	4.55%	2

Agency observations

- Blow out in residential wait times
- Mixed views on telehealth
- Greater frequency in presentations with family violence, child protection and MH concerns
- Longer engagement
- Greater frequency of clients new to the sector
- Changing drug profiles, ascension of alcohol