



NCETA

*Australia's National Research Centre
on AOD Workforce Development*

**ALCOHOL AND OTHER DRUGS
MENTAL HEALTH
AOD/MH COMOBIDITY
NON-ACCREDITED COURSES
BY STATE**

NSW

Australian College of Applied Psychology

Telephone 02 9964 6300
Fax 02 9964 6383
Email info@acap.edu.au
Website http://www.acap.edu.au

Sydney Campus

Locked Bag 11, Strawberry Hills
NSW 2012

Alcohol & Other Drugs Counselling

Field AOD

Description This module provides students with an introduction to contemporary substance misuse theory and its application in practice. Students learn to: appropriately assess clients with issues involving alcohol and other drugs use; establish effective counselling role limits in such situations; understand the physical and psychological effects of alcohol and other drugs dependency; client referral; and the study of contemporary approaches and methodologies in the treatment and management of alcohol and other drugs issues.

Level

Type Short Course

Mode Internal or External

Time frame

Start date

End date

Duration

Entry Requirements

Cost \$1385, FEE-HELP is available

NSW

Centre for Community Welfare Training

Telephone 02 9281 8822
Fax 02 9281 8827
Email ccwt@acwa.asn.au
Website <http://www.acwa.asn.au>

Sydney Campus

Locked Bag 13
Haymarket.
NSW 1240

Complex trauma and mental health

Field MH

Description The training will be presented with a mixture of didactic presentation and experiential activities. It will be interactive and follow the principles of adult learning. Participants will be encouraged to take notes, although trainer's notes will be made available. The trainer will make use of power point/data projector, white board and flip chart/butcher paper.

Level Statement of Attainment

Type Short Course

Mode Internal

Time frame

Start date 25th Sep

End date 26th Sep

Duration 2 days

Entry Requirements

Cost Cost: \$310, Cost to Members: \$270, This training is free to MERIT/Court Diversion and RGF workers if relevant to their professional role.

NSW

Centre for Community Welfare Training

Telephone 02 9281 8822
Fax 02 9281 8827
Email ccwt@acwa.asn.au
Website <http://www.acwa.asn.au>

Campbelltown Campus

Campbelltown Arts Centre Cnr Camden and Appin Rds
Campbelltown
NSW 2560

Drug use and young people

Field AOD

Description This workshop is not about drugs, and will not look at pharmacology and information about substances. It's about people. It's about three things. Firstly it's about our background thinking which informs our ways of working. Secondly its about human behaviour and understanding why people might do what they do. And thirdly, it's about looking at ways we might be helpful to someone who has got into trouble with their drug use.

Level

Type Short Course

Mode Internal

Time frame

Start date 28th Sep

End date 29th Sep

Duration 2 days

Entry Requirements

Cost Cost: \$310, Cost to Members: \$270, This training is free to MERIT/Court Diversion and RGF workers if relevant to their professional role.

NSW

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NSW 1240

Mental Health First Aid for adolescents

Field MH

Description This course covers the symptoms, possible causes and first aid steps for the following mental illnesses in adolescents: depression, anxiety disorders, psychosis, substance use disorders, deliberate self-harm and eating disorders.

Level Statement of Attainment

Type Short Course

Mode Internal

Time frame

Start date 15th

End date 16th Sep

Duration 2 days

Entry Requirements

Cost Cost: \$310, Cost to Members: \$270, This training is free to MERIT/Court Diversion and RGF workers if relevant to their professional role.

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Sydney Campus

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Haymarket.
NSW 1240

Orientation to the alcohol and other drugs field

Field	AOD
Description	This course looks at the knowledge, attitudes and skills needed to increase your ability to work with clients who use and abuse alcohol and/or other drugs. It provides an introductory overview of definitions and key concepts necessary to make sense of this often misunderstood field. Topics include drug use policy, historical and current drug trends, models of dependence, pharmacology, treatment approaches, the role of prevention, HIV/AIDS and hepatitis issues, assessment and referral and crisis management. This course also includes information on services and practical strategies to support workers in the field. Participants who successfully undertake assessment will receive a Statement of Attainment for the following two units from the Community Services Training Package: CHCAOD2C Orientation to the alcohol and other drugs sector CHCAOD6B Work with clients who are intoxicated Statement of Attainment
Level	
Type	Short Course
Mode	Internal
Time frame	
Start date	3rd Sep
End date	5th Sep
Duration	3 days
Entry Requirements	before you can be granted a Statement of Attainment for this unit you will need to provide a

NSW

Cost

certified copy of a current basic First Aid Certificate
or equivalent

Cost: \$510, Training and Assessment: \$740,
Assessment Only: \$250

NSW

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Campbelltown Campus

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NSW 2560

Working with hectic street drug users

Field AOD

Description This two day workshop will enhance the understanding and skills of workers in working effectively with people whose drug use is high intensity and whose presentations can be very challenging. Areas covered include: current street drugs (legal and illegal), their effects and harms; pharmacotherapeutic (drug substitution) treatments; common and uncommon physical and psychological health problems; effective engagement, assessment and psychosocial intervention/counselling strategies; and sub-cultural and lived experience perspectives. A comprehensive resource package will be provided addressing referral sources readings and current slang.

Level

Type Short Course

Mode Internal

Time frame

Start date 13th Nov

End date 14th Nov

Duration 2 days

Entry Requirements

Cost Cost: \$310, Cost to Members: \$270, This training is free to MERIT/Court Diversion and RGF workers if relevant to their professional role.

NSW

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Orientation to the alcohol and other drugs field

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Level	
Type	Short Course
Mode	Internal
Time frame	
Start date	14th May 08
End date	16th May 08
Duration	3 days
Entry Requirements	before you can be granted a Statement of Attainment for this unit you will need to provide a

NSW

Cost

certified copy of a current basic First Aid Certificate
or equivalent

Cost: \$510, Training and Assessment: \$740,
Assessment Only: \$250

QLD

Queensland Alliance

Telephone 07 3234 0190
Fax 07 3832 2622
Email vgrinlaubs@workforce.org.au
Website www.qldalliance.org.au

Cairns/ Townsville
QLD

Keyworker 2: The Rehabilitation Journey

Field MH

Description This workshop is aimed at workers with at least 6 months experience who wish to further explore the complexities of rehabilitation and recovery, and covers the following content: • A definition of empowerment• Phases of change & growth• Barriers to recovery• Readiness for rehabilitation• Externalising conversations• Your support style in being a keyworker

Level

Type Workshop

Mode

Time frame

Start date

End date

Duration

Entry Requirements

Cost

QLD

Queensland Alliance

Telephone 07 3234 0190
Fax 07 3832 2622
Email vgrinlaubs@workforce.org.au
Website www.qldalliance.org.au

Brisbane/Sunshine Coast/ Cairns & Townsville
QLD

Keyworker 3: Goal Setting Skills

Field MH

Description This workshop covers the following content:
Defining goal setting in relation to psychosocial rehabilitation • Learnings from research • The nature and dimensions of goals • The process and stages of goal setting with consumers • Challenges in goal setting

Level

Type Workshop

Mode

Time frame

Start date

End date

Duration

Entry Requirements

Cost

QLD

Queensland Alliance

Telephone 07 3234 0190
Fax 07 3832 2622
Email vgrinlaubs@workforce.org.au
Website www.qldalliance.org.au

Brisbane
QLD

Keyworker 4: Assessing clients' strengths and needs

Field MH

Description This workshop is aimed at workers with at least 6 months experience who wish to further explore the complexities of rehabilitation and recovery, and covers the following content:
• A definition of empowerment
• Phases of change & growth
• Barriers to recovery
• Readiness for rehabilitation
• Externalising conversations
• Your support style in being a keyworker

Level

Type Workshop

Mode

Time frame

Start date

End date

Duration

Entry Requirements

Cost

SA

Centre for Nursing and Midwifery Education and Research

Telephone 08 8204 4341
Fax 08 8204 5907
Email nursingmidwiferyeducation@fmc.sa.gov.au
Website <http://www.cnmer.net/>

CNMER, Level 7, Flinders Medical Centre, Bedford Park
SA 5042

Advanced Alcohol, Drugs and Mental Health Co-morbidity 2 day workshop

Field	AOD/MH
Description	To update and extend participants' understanding of effective clinical and practical Interventions for client / patients with Co-morbidity based on evidenced based practice and research.
Level	
Type	Short Course
Mode	Internal
Time frame	
Start date	14th May 08
End date	15th May 08
Duration	2 days
Entry Requirements	Relevant government and non-government mental health, drug and alcohol and other relevant health services including: hospital and community based mental health and drug and alcohol nurses, doctors and social workers; community mental health workers, GPs and specialist GP nurse, Aboriginal drug and alcohol and mental health workers, specialist migrant mental health and drug and alcohol workers
Cost	\$100 (GST included)

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Website <http://www.cnmer.net/>

CNMER, Level 7, Flinders Medical Centre, Bedford Park
SA 5043

Alcohol, tobacco & other drug use in Pregnancy, Birth and Breastfeeding - Clinical Focus

Field	AOD
Description	to provide up-to-date education for health professional and other workers who care for women during their antenatal, birth and postnatal experience
Level	
Type	Short Course
Mode	Internal
Time frame	
Start date	19th Jun 08
End date	20th Jun 08
Duration	2 days 19 June and 20 June
Entry Requirements	For all health professionals, nurses, midwives, doctors, ambulance officers and Aboriginal health workers
Cost	100

SA

Centre for Nursing and Midwifery Education and Research

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Fax 08 8204 5907
Email nursingmidwiferyeducation@fmc.sa.gov.au
Website <http://www.cnmer.net/>

CNMER, Level 7, Flinders Medical Centre, Bedford Park
SA 5042

Introduction to Alcohol, Drugs & Mental Health Comorbidity

Field AOD/MH

Description To promote awareness and increase understanding of mental health and alcohol and other drug Co-morbidity, and foster networking and collaboration amongst a diverse workforce.

Level

Type Short Course

Mode Internal

Time frame

Start date 13th May 08

End date

Duration 1 day, 8.45am - 5.00pm

Entry Requirements Government and non-government health, welfare and other relevant services including: hospital and community based nurses, doctors, social works, community workers, GPs and GP nurses, Aboriginal health and community works, mental health and alcohol and drug workers,, criminal justice and other interested groups.

Cost \$50(GST included)

SA

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Fax 08 8204 5907
Email nursingmidwiferyeducation@fmc.sa.gov.au
Website <http://www.cnmer.net/>

CNMER, Level 7, Flinders Medical Centre, Bedford Park
SA 5042

Mental Health, Alcohol & Other Drugs in Acute Care

Field	AOD/MH
Description	To update and further develop awareness, knowledge and skills in the assessment and management of Acute Care patients experiencing mental health and/or alcohol, tobacco and other drug problems and apply current practice guidelines to clinical practice
Level	
Type	Short Course
Mode	Internal
Time frame	
Start date	13th May 08
End date	12th Jun 08
Duration	5 days , 13 May, 22 May, 29 May, 5 June, 12 June
Entry Requirements	
Cost	250

SA

Mental Health Coalition of SA

Telephone 08 8212 8873
Fax 08 8212 8874
Email training@mhcsa.org.au
Website www.mhcsa.org.au

408 King William Street
SA 5000

Support Worker 1: Establishing the Relationship

Field	MH
Description	This topic will revisit and reframe the foundation skills of the “helper role” within the specific context for consumers in psychiatric disability rehabilitation and support services. Participants also receive the VICSERV Practice Text Volume 4, To Be a Support Worker.
Level	
Type	Workshop
Mode	
Time frame	
Start date	
End date	
Duration	2 days
Entry Requirements	
Cost	\$100/day MHCSA members. \$200/day non-members

SA

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SA 5000

Support Worker 2: The Rehab Journey

Field	MH
Description	Assists support workers in knowing when and how to proceed as they begin to work with a new client. By using rehabilitation process framework the support worker will explore how clients understand this and can participate fully in their own rehabilitation process.
Level	
Type	Workshop
Mode	
Time frame	
Start date	
End date	
Duration	2 days
Entry Requirements	
Cost	\$100/day MHCSA members. \$200/day non-members

SA

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Website www.mhcsa.org.au

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SA 5000

Support Worker 3: Goal Setting

Field	MH
Description	The process of assisting a client to set a goal involves a number of stages as part of the development of the rehabilitation relationship. This topic looks thoroughly at those stages, recognising that the process of goal setting is equally as important as the task.
Level	
Type	Workshop
Mode	
Time frame	
Start date	
End date	
Duration	2 days
Entry Requirements	
Cost	\$100/day MHCSA members. \$200/day non-members

VIC

Lifeline

Telephone 03 9894 1833
Fax 03 9894 4354
Email info@livingworks.org.au
Website http://www.lifeline.org.au/learn_more/livingworks/training

LivingWorks Office
PO Box 316, Blackburn
VIC 3130

Applied Suicide Intervention Skills Training - Suicide First Aid

Field MH

Description In Suicide First Aid, people learn to apply a suicide intervention model. It helps caregivers recognise when someone may be at risk of suicide. It then explores how to connect with them in ways that understand and clarify that risk, increase their immedia

Level Interactive Workshop

Type Workshop

Mode

Time frame

Start date

End date

Duration 2 days

Entry Requirements

Cost see: www.livingworks.org.au

VIC

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Fax 03 9894 4354
Email info@livingworks.org.au
Website http://www.lifeline.org.au/learn_more/livingworks/training

LivingWorks Office
PO Box 316, Blackburn
VIC 3130

Suicide Alertness

Field MH

Description Moves beyond general awareness to demonstrate how people alert to suicide risk can increase suicide safety. Considers how opportunities to prevent suicide are often missed, dismissed or avoided. Learn how basic TALK steps can link persons at risk with suicide first aid and other help to increase their safety.

Level

Type Seminar

Mode

Time frame

Start date

End date

Duration 3 - 3.5 hours

Entry Requirements

Cost see: www.livingworks.org.au

VIC

Lifeline

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Fax 03 9894 4354
Email info@livingworks.org.au
Website http://www.lifeline.org.au/learn_more/livingworks/training

LivingWorks Office
PO Box 316, Blackburn
VIC 3130

Suicide Awareness

Field MH

Description Explores how we can overcome stigma about suicide and play a role in preventing suicide and promoting life. Basic TALK steps are introduced - Tell, Ask, Listen and Keepsafe.

Level

Type Workshop

Mode

Time frame

Start date

End date

Duration 2 - 3 hours

Entry Requirements

Cost see: www.livingworks.org.au

VIC

Lifeline

Telephone 03 9894 1833
Fax 03 9894 4354
Email info@livingworks.org.au
Website http://www.lifeline.org.au/learn_more/livingworks/training

LivingWorks Office
PO Box 316, Blackburn
VIC 3130

Suicide Care - Helping Beyond Crisis

Field MH

Description A clinical seminar for those working longer term with persons at risk of suicide.

Level Seminar

Type Seminar

Mode

Time frame

Start date

End date

Duration 1 day

Entry Requirements Applied Suicide Intervention Skills Training - Suicide First Aid is a prerequisite.
see: www.livingworks.org.au

Cost

Vic

Professional Development Centre Pty. Ltd.

Telephone 043 8831 690
Fax 03 9863 9424
Email deborah@pdcentre.com
Website www.pdcentre.com

Melbourne

Suite 601, St Kilda Road Towers, 1 Queens Road
Vic 3004

Orientation to Mental Health work

Field MH

Description Aims to describe the context within which mental health work occurs.

Level

Type Short Course

Mode Internal or Online

Time frame Full-time or Part-time

Start date

End date

Duration 1 month

Entry Requirements

Cost