

VAADA

VICTORIAN ALCOHOL & DRUG ASSOCIATION

# everyday drugs, everyday problems

> tackling alcohol & other legal drugs

**RYDGES CARLTON, MELBOURNE, 701 SWANSTON STREET, CARLTON  
2ND & 3RD DECEMBER 2002**

## **KEYNOTE SPEAKERS**

**Ms Patricia Faulkner**  
*Secretary*  
*Department of Human Services*

**Ms Geraldine Moses**  
*Director*  
*Queensland Medication Helpline*

**Mr Brian Kearney**  
*Director, Liquor Licensing Victoria*

**Mr Todd Harper**  
*Executive Director, QUIT*

**Dr Jack Warhaft**  
*Medical Director*  
*Victorian Doctors' Health Program*

## **CONFERENCE STEERING COMMITTEE**

**Rose Vercoe** (Chair)  
*Access Drug and Alcohol Service*

**Janet Farrow,**  
*UnitingCare Moreland Hall*

**Hugh MacKinnon,** *Oxford Houses*

**Jocelyn Snow**  
*Yarra Drug and Health Forum*

**David Brunt,** *Salvation Army Drug  
and Alcohol Service*

**Gwenda Cannard,** *TRANX*

**Luz Bland**  
*Department of Human Services*

**Carol Bennett,** *VAADA*

**Lindi Martin,** *VAADA*

CONFERENCE

# everyday drugs, everyday problems

> *tackling alcohol & other legal drugs*

VAADA'S 2002 annual conference will address the important issue of alcohol and other legal drugs. It is essential that strategies, services and funding focus on the issues surrounding the misuse of alcohol and other legal drugs.

Too often legal drugs which affect a wide cross-section of the community have been left off the agenda. This conference aims to reinvigorate the debate and discussion on this important topic.

## DAY ONE > MONDAY 2 DECEMBER

8.30am – 9.00 am	Registration
	<b><u>PLENARY SESSION</u></b>
9.00am – 9.20 am	<b>Welcome</b> <b>Neos Zavrou,</b> President, VAADA
	<b>Carol Bennett,</b> Executive Officer, VAADA
9.20am – 9.40 am	<b>Patricia Faulkner,</b> Secretary, Department of Human Services
9.40am – 10.00 am	<b>Geraldine Moses</b> Executive Officer, Queensland Medication Helpline
10.00am – 10.20 am	<b>Brian Kearney</b> Director, Liquor Licensing Victoria
10.20am – 10.40 am	<b>Todd Harper</b> Executive Director, QUIT
10.40am – 11.00 am	<b>Jack Warhaft</b> Medical Director, Victorian Doctors' Health Program
11.00am – 11.30am	<i>Morning tea</i>
11.30am – 1.00 pm	Panel Discussion with the morning's speakers facilitated by, <b>Associate Professor Terry Laidler,</b> Director, Centre for International Research on Communication & Information Technologies, RMIT & former ABC Broadcaster
1.00pm - 2.00pm	<i>Lunch</i>
	<b><u>CONCURRENT SESSIONS</u></b>
2.00pm - 3.15pm	Concurrent Session
3.15pm - 3.45pm	<i>Afternoon tea</i>
3.45pm - 5.00pm	Concurrent Session
7.30pm	<i>Conference Dinner</i> Il Vicolo, 50 Grattan Street, Carlton.

## DAY TWO > TUESDAY 3 DECEMBER

9.00am – 10.30am	<b>Policy Directions Forum</b>  <b>Cameron Boardman</b> MLC, Chairman, Victorian Drugs and Crime Prevention Committee <i>Report on the Inquiry into the Inhalation of Volatile Substances</i>  <b>Paul McDonald</b> Director, Drugs Policy and Services Department of Human Services <i>Victoria's Alcohol Awareness Campaign, identifying the message that will hit the target.</i>
10.30am – 11.00am	<i>Morning tea</i>
11.00am – 12.30pm	<b>Concurrent sessions</b>
12.30pm – 1.30pm	<i>Lunch</i>
1.30pm – 3.00pm	<b>Concurrent sessions</b>
3.00pm – 3.15pm	<i>Afternoon Tea</i>
3.15pm – 4.15pm	<b>Round table discussions</b> Your chance to debate and discuss key issues that have been raised throughout the conference
4.15pm – 4.30pm	<b>Closing session</b> Rose Vercoe, Chair VAADA conference steering committee

program

**PRESENTATION STREAMS**

MONDAY 2 DECEMBER 2.00 PM - 3.15 PM

**> MANDATED CLIENTS**

The Captured Audience – The Moreland Hall team at Port Phillip Prison will present on the challenges and opportunities of providing alcohol and benzodiazepine treatment to a captured audience.

*John Quiroga, Franca Guglielmino, Urszula Jurek-Allen, UnitingCare Moreland Hall*

Trends in the reported drug of choice for mandated clients and the impact on referrals to drug and alcohol treatment services.

*Jane Moreton, Belinda Maloney, Helen Kalakoff, Community Offenders Advice and Treatment Service (COATS)*

Assessing drink drivers: the dilemmas and difficulties.

*Vi Lotter, Bernard Hanson, Leone Ibrahim, Community Offenders Advice and Treatment Service (COATS)*

**> BENZODIAZEPINES, DUAL DIAGNOSIS AND TREATMENT FOR VIETNAM VETERANS**

Benzodiazepine using women in the community - who are they?  
*Janet Carnegie, Turning Point Alcohol and Drug Centre*

Prevalence of benzodiazepine related overdoses in metropolitan Melbourne.

*Penny Heale, Paul Dietze, Stefan Cvetkovski, Turning Point Alcohol and Drug Centre*

Outpatient group alcohol program for Vietnam veterans with co-morbid post traumatic stress disorder (PTSD).

*Maureen Peck, Veterans Psychiatry Unit, Austin and Repatriation Medical Centre*

Vietnam veterans, post traumatic stress disorder and alcohol abuse - an inpatient alcohol education program

*Raymond Smith, Austin and Repatriation Medical Centre*

**WORKSHOPS**

MONDAY 2 DECEMBER 2.00 PM- 3.15 PM

**> THIRSTING AFTER RIGHTEOUSNESS**

One of the problems with the current epidemiologically driven emphasis on risk factors as the basis for public policy development concerns the stigmatisation of social groups identified as 'high risk'. How similar are the 'old style' moral crusaders and modern public health advocates?

*Tony Palmer, Youth Substance Abuse Service*

**> THE MISNOMER OF 'DUAL DIAGNOSIS' (DD) - RARELY ARE THERE ONLY TWO**

This workshop challenges the reduction and oversimplification of DD clients so they 'fit' into our existing system. A range of therapeutic and practical tools for working with this complex client group will be covered.

*Kate Hall, David Chong, Steven Knightbridge, Southern Dual Diagnosis Service*

**PRESENTATION STREAMS**

MONDAY 2 DECEMBER 3.45 PM - 5.00 PM

**> FAMILIES AND YOUNG PEOPLE**

Binge drinking, out of school youth and interventions in health care settings

*Julia Tresidder, School of Public Health, University of Sydney*

A treatment approach that integrates family systems with psychodynamic, cognitive and behavioural therapies has consistently shown that when members of a family system are engaged in therapy there is often modification of the drug user's behaviour.

*Kathryn Allison, Mary of the Cross*

What about the kids? The experience of children whose parents have problematic alcohol use

*Stephan Gruenert, Samantha Ratnam, Menka Tsantefski, Odyssey Institute of Studies*

**> INTERVENTIONS FOR ALCOHOL**

Discussing and educating young people about binge drinking

*Kellie Dunn, UnitingCare Ballarat*

The relationship between treatment population sub-groups, alcohol abuse, controlled drinking and treatment outcomes

*John Mercer, Neos Zavrou, Odyssey Institute of Studies*

Trends in alcohol-related treatment in Victoria

*Susan Donath, Sharon Matthews, Paul Dietze, Turning Point Alcohol and Drug Centre*

Interventions for alcohol abuse and dependence, how well do they work? The evidence from controlled clinical trials

*Nicolas Clark, Kathryn Bowen, Alison Ritter, Turning Point Alcohol and Drug Centre*

**> CULTURAL RESPONSES**

Alcohol and drug programs that focus on women's experiences of stress, work-related pain and depression and therefore women's use of pain relievers, benzodiazepines and anti-depressants

*Working Women's Health, Adele Murdolo*

An overview of the drug and alcohol projects at the Quang Minh Temple – includes an innovative peer education program for young Vietnamese people

*Tai Cao, Odyssey Community Services*

Comparing the meanings and significance of alcohol and legal drug use among culturally and linguistically diverse communities

*Presenters to be advised, Inner West Migrant Resource Centre*

**WORKSHOPS**

MONDAY 2 DECEMBER 3.45 PM - 5.00 PM

**> TAILORING MOTIVATIONAL INTERVIEWING TECHNIQUES TO MEET THE NEEDS OF PEOPLE WITH MILD TO MODERATE COGNITIVE IMPAIRMENT**

Emphasis will be placed on practical ways to modify this widely used approach when working with this client group.

*Mandy Philactides, South East Drug Alcohol and Drug Services, Kate Hall, Southern Dual Diagnosis Service*

**> THE DEVELOPMENTS OF A MAJOR ORGANISATION IN ITS RESPONSE IN THE DRUG AND ALCOHOL FIELD**

Compares programs to evidence based best practice standards; the upgrading of staff to National Competency Standards, to the implications for future directions also looks at changing attitudes from total abstinence to harm minimisation.

*David Brunt, The Salvation Army Drug and Alcohol Service*

## workshops & presentations

### PRESENTATION STREAMS

TUESDAY 3 DECEMBER 11.00 AM – 12.30 PM

#### > POLICY AND VOLATILE SUBSTANCE USE

Duty of care – not something to be sniffed at. Formulating effective service responses to the needs of young people in care who inhale volatile substances  
*Rowan Fairbairn, David Murray, Youth Substance Abuse Service*

Chroming – beyond the headlines: the implications of the political and media debate about 'chroming'  
*Carol Bennett, Victorian Alcohol and Drug Association*

Another state's perspective on the chroming inquiry  
*Larry Pierce, Network of Alcohol and other Drug Agencies, NSW*

#### > PROGRAMS AND INTERVENTIONS

A model for intervention within a community setting: The Australian Drug Foundation's Good Sports Accreditation Program  
*Sheryl Hemphill, Centre for Youth Drug Studies*

"The keeping going group", a six-week program for clients who have completed withdrawal, the group covers topics from goal setting to communication  
*Urszula Jurek-Allen, Heather Carmichael, Chris Frei, UnitingCare Moreland Hall*

The importance of employment programs in drug rehabilitation  
*Chris McDonnell, Victorian Alcohol and Drug Association*

Effective referrals to 12 step programs in a harm minimisation context  
*Bella Anderson, South East Alcohol and Drug Service/Refocus Program*

#### > SERVICE DEVELOPMENT AND PARTNERSHIPS

ARCAB – Australian Rural Centre for Addictive Behaviour  
*Rodger Brough, ARCAB*

Service Coordination: implications and imperatives for the alcohol and drug sector  
*Bronwyn Diffey, Department of Human Services*

Partnerships in Practice – The NSW GP Drug and Alcohol Support Project – enhancing GP's capacity to provide effective services to drug and alcohol clients  
*Helen Astolfi, Katherine Berry, Alliance of NSW Divisions of General Practice*

### WORKSHOPS

TUESDAY 3 DECEMBER 11.00 AM – 12.30 PM

#### > FACILITATING TREATMENT OUTCOMES FOR PEOPLE WITH ALCOHOL RELATED BRAIN INJURY USING AN INTEGRATED SYSTEMS APPROACH.

Clinicians from the alcohol and drug and the acquired brain injury sectors will present case scenarios to demonstrate the benefits of using an integrated approach. Workshop participants will be provided with service information to assist this client group.  
*Many Philactides, Anne Taylor, South East Alcohol and Drug Service, Glen Hardy ARBIAS*

#### > THE POSSIBILITY FOR PERSONAL CHANGE AND GROWTH FOR CLIENTS CAUGHT IN THE ADDICTION CYCLE.

This workshop explores the use of Gestalt theory and techniques with clients who use alcohol and other legal drugs. The workshop is experiential with activities that demonstrate the theoretical basis of Gestalt Therapy.  
*Vivien Watmough, The Windana Society*

### PRESENTATION STREAMS

TUESDAY 3 DECEMBER 1.30 PM – 3.00 PM

#### > SMOKING

Dual diagnosis hidden in a cloud of smoke – Tobacco is a significant problem for people with mental illness  
*Michael Cole, Northern Nexus Dual Diagnosis Service*

Promoting the smokefree message to smokers from multicultural communities – QUIT targets and works closely with 13 cultural groups in Melbourne  
*Stavroula Zandes, Quit Campaign (Victorian Smoking and Health Program)*

Smoking and young people: what we can do, from the big picture to the specific  
*Ian Ferretter, Quit Victoria*

#### > PATTERNS OF ALCOHOL AND LEGAL DRUG USE

Are there more alcohol and other legal drug clients in treatment facilities that previously serviced people with heroin problems? This presentation provides an overview of the trends at UnitingCare Moreland Hall  
*Dianne Kanaan, Joanna Spanos, UnitingCare Moreland Hall*

The AIM program at Odyssey works with 8-14 year olds with substance abuse issues. The presentation will use a representative sample as well as examining current treatment approaches  
*Stuart Edwards, Odyssey House Victoria*

Trends in alcohol related harms in Victoria  
*Susan Donath, Turning Point Alcohol and Drug Centre*

#### > LOCAL GOVERNMENT

Darebin and Moreland misuse of pharmaceuticals project – action research and community education  
*Mark Boyd, Darebin City Council*

When the drug matters: the challenge for local government to break free of the sharp end of policy  
*Rebecca Roebuck, City of Melbourne*

Primary healthcare support for drug users in the City of Greater Dandenong  
*Michelle Lee, City of Greater Dandenong*

### WORKSHOPS

TUESDAY 3 DECEMBER 1.30 PM – 3.00 PM

#### > WORKING WITH CLIENTS EXPERIENCING COMPLEX WITHDRAWAL FROM BENZODIAZEPINES

This workshop will provide an overview of issues with inappropriate prescribing of benzodiazepines, particularly regarding working with clients with complex or protracted withdrawal. Difficult withdrawal symptoms will be identified and strategies suggested to assist to address such symptoms.  
*Tom Redman, TRANX*

#### > IMPROVING LINKAGES BETWEEN KOORI AND MAINSTREAM ALCOHOL AND DRUG SERVICES

A workshop in which all participants identify and discuss ways of improving linkages. A basic premise of the session will be that services and workers can learn from each other and reach better mutual understanding which will lead to better outcomes for clients.  
*Bridget Roberts, Turning Point Alcohol and Drug Centre*