

VAADA

Victorian Alcohol and Drug Association

Presenting
VAADA's 14th Annual Conference

WHERE DOES PREVENTION END AND TREATMENT BEGIN?

3 & 4 December 2001

Keynote address:

Professor Ian Webster,

President , Alcohol & other Drugs Council of Australia

Dr Michael Carr-Gregg

Adolescent Psychologist, Albert Rd Centre for Health

Mr Paul McDonald,

Assistant Director Drugs Policy & Services,
Department of Human Services

**Yarra Valley Conference Centre
Dixon's Creek, Yarra Glen**

Day 1 Monday 3 December

8.30 - 9.15 am	Registration
9.30 - 9.45	Welcome from Neos Zavrou, VAADA president Rose Vercoe, Chair Organising Committee VAADA's newly appointed Executive Officer
9.45 - 10.30	Mr Paul McDonald Assistant Director Drug Policy and Services, Department of Human Services
10.30 - 11.30	Dr Michael Carr-Gregg Adolescent Psychologist Albert Road Centre for Health
11.30 - 12.00	Morning tea
12.00 - 1.00 pm	Keynote address Professor Ian Webster President Alcohol & other Drugs Council of Australia
1.00 - 2.00	Lunch
2.00 - 3.15	Poster Presentations
3.15 - 3.45	Afternoon tea
3.45 - 5.00	Workshops (Series one)
5.00 - 7.15	Outdoor rock climbing wall session facilitated by the RAD group.
7.30	Conference Dinner

Day 2 Tuesday 4 December

9.00 - 9.15am	Introduction and Welcome from VAADA's Executive Officer
9.15 - 10.45	Workshops (Series two)
10.45 - 11.15	Morning Tea
11.15 - 12.30pm	Poster presentations
12.30 - 1.30	Lunch
1.30 - 3.00	Workshops (Series three)
3.00 - 3.15	Afternoon Tea
3.15 - 4.00	Closing Session - Panel of speakers

Introduction

The theme for VAADA's 14th Annual Conference is *Where does prevention end and treatment begin?*

The objective of this conference is to look at the expanding role that prevention is playing as a key strategy in reducing drug related harm.

The conference is designed to provide the Victorian Alcohol and Drug sector with a range of perspectives on prevention.

Workshops will provide the opportunity for participants to explore a range innovative new directions in the field, from prevention of aggression to anxiety management. A series of poster presentations will highlight the relationship between treatment and prevention in current initiatives.

Early registration will ensure your place in the session of your choice. We look forward to seeing you there.

Rose Vercoe
Chair, Organising Committee

Carol Bennett
Acting Executive Officer

Lindi Martin
Project Officer

About the Venue

The Yarra Valley Conference Centre borders the Toolangi State Forest, King Lake National Park and Victoria's premier wine growing region, all less than one hour's drive from Melbourne.

In addition to excellent conferencing facilities, recreation facilities include, floodlight tennis courts, heated swimming pool, spa, sauna and volley ball.

Yarra Valley Conference Centre, 2164 Melba Highway, Dixon's Creek (14 kms past Yarra Glen).

Workshops

Workshop Series One

1.1 Working with Young People in a Rural Setting

Warrick Buckwell, YSAS, Latrobe Valley; Amy Derrick and Scott Watson, Latrobe Valley CHS; Chris Little Aboriginal Cooperative

Approaches to prevention, treatment and harm minimisation for young people in rural communities will be explored in this interactive workshop.

1.2 Prevention of Aggression

Rob Lacy & Ray Stephens, Turning Point Drug and Alcohol Centre

Occupational assault is a preventable hazard. Over 28% of all injuries in health and community services in Victoria are related to occupational assault. This workshop offers practical advice in the areas of recognising, preventing and managing aggression.

1.3 Working with Aboriginal Drug and Alcohol Workers

Barb Honeysett & Bob Hamonn, Ngwala-Willumbong Cooperative

Some of the difficulties of working with Aborigines with substance abuse problems are different to those seen in the wider community. Learn about the work being done by Aboriginal drug and alcohol workers and how to work with these workers to provide services to Aboriginal service users throughout the state.

1.4 Comorbidity – Chronic Pain and Drug Addiction

Dr Mike McDonough, Western Hospital

This workshop aims to provide practical tactics to assist D & A workers when assessing and creating referral options for clients with drug problems who also have chronic pain problems.

Workshop Series Two

2.1 Dual Diagnosis – A panel presentation

Justin Rowe, ACCESS Drug and Alcohol Service; Michael Cole, St Vincent's Hospital Dual Diagnosis Program; Sally Walker, YSAS – Eastern Region

This panel discussion seeks to highlight three different perspectives around dual diagnosis: myths and misconceptions of the dual diagnosis label; clinical aspects – early identification and treatment methods, and possible responses and responsibilities of an alcohol and drug agency when dealing with people with multiple issues.

2.2 Involving Service Users in Improving Drug Treatment Services (This workshop will be conducted in Series two and three)

Steering Committee and Staff, Association of Participating Service Users

By drawing on the experiential expertise of those who seek help from drug treatment services, we can improve the outcomes of service delivery. This interactive workshop will give service providers an insight into the benefits of involving service users in program design and delivery, with the aim of expanding the role of service users in drug service provision.

2.3 Solving the Jigsaw: Changing the Culture of Violence

Bernadette Wright, Jodie Coughlan and Jamie Roberts, Emergency Accommodation & Support Enterprise (EASE)

Solving the Jigsaw is an early intervention program for schools at upper primary and early secondary levels. It is designed to target all young people including those who might be "at risk" for various reasons. The program currently runs in 30 schools across the Loddon Mallee Region, with most groups from rural and remote communities.

2.4 Anxiety Management

Tomi Redman, TRANX

Early intervention for people with anxiety disorders is critical to prevent the development of substance abuse problems. This workshop will provide participants with an understanding of anxiety disorders, the management of panic attacks and the knowledge of how and when to make appropriate referrals for people with anxiety disorders.

Workshop Series Three

3.1 Supporting Young People in the Legal System

Nicolette Lorenz & Fiona Stevens, Eastern Drug and Alcohol Service

Supporting young people in both criminal and family law issues is a role often performed by youth counsellors. Learn ways to do this effectively including: attendance at court and writing reports; giving evidence based on your therapeutic relationship, working with solicitors/barristers; and acknowledging the boundaries of your role.

3.2 Continuation: Involving service users in improving drug treatment services

3.3 Better Sleep

Gwenda Cannard, TRANX

Chronic poor sleep predisposes people to the risks of inappropriate benzodiazepine and other drug use. Poor sleep is common in withdrawal from most drugs and can increase the risk of relapse. Participants will learn effective ways to assist people to improve their sleep.

3.4 Families involved in addiction recovery

Miranda Manning, Odyssey House Victoria

A glimpse at a multi family group at Odyssey House Victoria as part of a service response to family inclusion in drug treatment.

Poster Presentations

Stream 1 Linking Services/Meeting clients needs

Building health promotion capacity within A & D services
Heather Wilson, Community Health Bendigo

The need for drug free/abstinence based recovery houses – where the emphasis is on taking personal responsibility for ongoing treatment
Ron Blake, Oxford Houses Australia

Local solutions to problems facing municipalities not classified as 'hot spots'. A drug safety coalition to integrate services in the community
Rob Testro, YSAS Frankston & Sean Swift, SHARPS

Stream 2 Working with families

The Parent Support Program – developed by The Centre for Adolescent Health and Odyssey House Victoria, now being delivered in the Northern Metro region by Moreland Hall
Vicki Grgic, Lynne Cummings, Moreland Hall

Identifying at risk families and providing intensive interventions - report on services visited during a 2001 Churchill Fellowship
Janet Farrow, Moreland Hall

Early interventions and the building of collaborative relationships is the key to successful outcomes for mothers and their infants
Mary Catherine Tobin, Women's Alcohol and Drug Service, Royal Women's Hospital

Stream 3 Working with young people

Interventions with families and young people at risk of homelessness due to substance misuse
Tom Stylli, Reconnect Program, YSAS Box Hill

Women's methadone support group – a program designed to assist young women to address issues about being on, or reducing methadone treatment
Joe Bucci, YSAS Box Hill

"Risk it – Recharge" a day program for young people falling out of school being run by EDAS and the Donvale Living and Learning Centre
Yvonne Devey & Debbie McGinnistein Eastern Drug and Alcohol Service, Maroondah

Stream 4 Reducing Risk

Boroondara Methadone Project – strategies used to increase the availability of Methadone prescribing doctors. A joint initiative between EDAS and the Boroondara CHS
Paul Hamilton, Eastern Drug and Alcohol Service

Needle and Syringe Programs in regional communities – information sharing between the user group and NSP workers can improve services and help link users to treatment
Cheryl Sobczyk & Angus Robb, Community Health Bendigo

How do you reduce risk in a rural setting?
Geoff Soma, WRAD Western region alcohol and drug service

Stream 5 Getting Active

Sport: the integration of newly developed insights and the truly felt experience
Eric Allan, Odyssey House Victoria

"Learning to engage with life" Structured exercise or activity carries with it the notion of freedom
Di Goldsmith, Delmont Private Hospital

Recreation and Development – The RAD group using adventure and wilderness therapy to push new boundaries, develop new skills, build friendships and, most importantly, have fun
Rebekah Kay, RAD

Additional Registration forms are available

Please contact Lindi Martin

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